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\$48 \$38

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Raft from Rocky Rapid to Takeout. Includes BBQ lunch along the river. 11:00am - 4:00pm (min age: 5)

\$59 \$47

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Enjoy exciting whitewater rapids & lunch in this unique Canyon. 6:45am - 6:00pm (min age: 10)

\$165 \$165

TWO-DAY RAFT & CAMP

All meals and camping equipment provided, rafting moderate rapids, relax into the scenery. (min age: 5)

\$249 \$179

HUMMER SAFARIS

ADULTS YOUTH (under 16)

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Incredible 4x4 experience over a landscape of petrified sand dunes. Departs 7:30am, 10am, 1pm, 4pm (2 hrs)

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GRAND SAFARI

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\$165 \$119

SUNSET SAFARI

The ideal time of day for the perfect off-road experience over petrified dunes and desert scenery. (3 hrs)

\$89 \$69

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ADULTS YOUTH (under 16)

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Easy to moderate rides. Enjoy scenic desert and red rock oasis. Includes bike rental, helmet, water. (4 hrs)

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ADULTS YOUTH (under 16)

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Climbing, instruction, and fun on rope and rock! All equipment provided. 5 hrs (min age: 5)

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ADULTS YOUTH (under 16)

ARCHES FIERY FURNACE HIKE

Explore a maze of astounding hidden chasms with one of our guides on this unique hike. 7:15am - 12:30pm

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ARCHES SUNSET TOUR

Relaxing park tour and easy walks at the perfect time of day in amazing red rock landscapes. (4 hrs)

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ADULTS YOUTH

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\$70 \$70

JETBOAT TOURS & MORE

ADULTS YOUTH (ages 4-15)

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Cruise the Colorado River near Canyonlands NP. Departs 8am, 1pm (4 hrs)

\$80 \$70

SUNSET JETBOAT & DINNER

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\$70 \$60

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MOAB HAPPENINGS

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SEPTEMBER 2011

Volume 23 Number 6

Nineteenth Annual



M·O·A·B
MUSIC
FESTIVAL

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MOAB HAPPENINGS

MOAB HAPPENINGS®

"Moab Happenings" is published by Canyonlands Advertising Inc. of Moab, Utah and is provided free throughout the Moab area as a visitor information guide.

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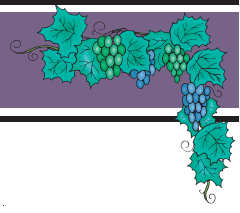
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WINERY HAPPENINGS



Castle Creek Winery

Castle Creek Winery is nestled high on the banks of the Colorado River 15 miles north-east of Moab. Adding a decidedly civilized tone to the wild, wild west, in 2002 the Red Cliffs Lodge established its own winery, and now produces over 15,000 gallons of wine. It is Utah's first and largest commercial winery.

In the 1970's the Four Corners Regional Economic Development Commission along with the University of Arizona did some test plantings of wine grapes in the Moab area. The results were positive. Hot days, cool nights and sandy soil produced wine grapes of unique, exceptional quality. The late summer sun encourages good sugar content and high acid levels necessary to produce well-balanced high quality wine. The dry climate discourages problems with bunch rot and fungus that plague other wine growing regions. Southeastern Utah is in many ways similar to the eastern mediterranean where the wild grapes that became our classic European wine grape varieties originated.

Moab is the perfect climate for growing excellent grapes, suitable for producing Syrah, Merlot, Cabernet Sauvignon, Chenin Blanc and Chardonnay. Using such locally grown grapes, our winery has produced over 30 award-winning wines for your enjoyment and all of the wine is bottled and labeled by hand!



Castle Creek Winery has earned four awards from the first two competitions they've entered. At the Finger Lakes International Competition, in Rochester, New York the winery earned a silver medal for its 2003 Outlaw Red, a bronze medal for its 2005 Chardonnay, and a bronze for its 2005 Cabernet Sauvignon. Then, at the Pacific Rim International Wine Competition in San Bernardino, California, Castle Creek's 2005 Merlot took a bronze medal.

In 2009 at the Finger Lakes International Competition, in Rochester New York, Castle Creek took a silver medal for Chardonnay, bronze for Cabernet and bronze for Outlaw Red. Also in 2009 Castle Creek was honored with the "Best of State" award by the State of Utah which recognizes excellence in the field of production and manufacturing.

Well made wine doesn't just happen over night. Some people may fantasize at the art of wine making, but a wine maker knows that it takes many hours of cleaning, filtering, calculating, bottling, labeling, and diligent care to get one bottle of award winning wine. While winemaking is an art, it doesn't always have instant gratification. Many hours are spent learning how to make a fine wine using the full potential of the fruit. Most of the time things go well but since wine is constantly changing, occasionally things can happen to wine that are beyond a winemakers control and can make winemaking a very challenging and exciting process.

Castle Creek Winery uses the latest state-of-the-art equipment. Elaborate stainless steel tanks set on sleek concrete floors, giant presses, pumps, and filtering equipment is what you will find inside the huge 8,000 sq ft winery facility. The building is rustic on the outside, but



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MOAB AREA EVENTS CALENDAR

WEEKEND TOURS

Get to know where we love to go...

April 15th–Oct 16th
(CFI will be closed late July 2011)

Arches NP Sunset Tour
Friday & Saturday Evenings
4:00pm to 8:00pm
Tour time changes with the seasons.

Moab's Ancient Past
Friday, Saturday & Sunday Mornings
8:30am to 1:00pm

Both are van tours with short hikes led by CFI Naturalist Guides.
\$40-45/person. Minimum 2 people needed to run tour.

Call CFI to register:
435-259-7750
www.CFI Moab.org

CFI is an outdoor education nonprofit organization.

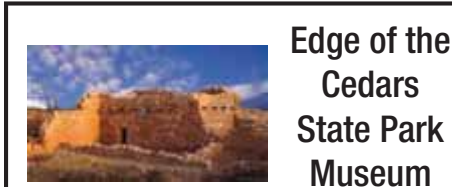
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For more information please call the Edge of the Cedars State Park Museum at (435) 678-2238

Day Visits: \$3 per person or \$6 per vehicle
Annual Passes: \$70 passes available at the museum
Park Hours: Summer 8 a.m. to 7 p.m. / Winter 9 a.m. to 5 p.m. The museum is open 7 days a week.
Holiday Closures: Thanksgiving and Christmas

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Under 60 \$6.00/ over 60 \$2.50
suggested donation.

Exercise, Crafts, Health Day, Cards,
Wii, Classes, Crafts, Movie Day
www.grandcountyutah.net

September 2011

1-12 Moab Music Festival See page 5A and 3B for schedule of concerts. www.moabmusicfest.org for program information or call 435-259-7003.

1-31 Day Tours with Canyonlands Field Institute. Moab's Ancient Past and Arches Sunset Tours for Adults and Families with CFI Naturalist/Guides. Every weekend through October 16. Explore Arches National Park or Colorado River side canyons with sandstone wonders, mountain views, and wildflowers. For price and more information, visit our website, www.cfimoab.org or call 259-7750. Tour fees help support our Outdoor Education Programs for schools and youth.

2-4 Family Weekend at Professor Valley Field Camp. This family weekend is meant to engage kids and parents in fun and educational activities while exploring the natural and cultural history of Canyon Country. We want to provide families with a meaningful camping experience without the hassle of doing it by yourselves. For more information visit www.cfimoab.org, email info@cfimoab.org or call 435-259-7750. Trip fees help support outdoor education programs for schools and youth.

2-3 Live music at Eddie McStiff's: Dustin Burley

2 Music at the Rio featuring DJ Jason

3 Moab Farmers' Market Swanny City Park 8 am to 12 noon.

3 Music at the Rio featuring DJ Rush

3-4 The 2011 Moab Artists Studio Tour will take place on Saturday and Sunday, September 3rd and 4th (Labor Day Weekend) from 10 to 4. A preview of the artists' work will be presented before the Friday September 2nd performance at Star Hall. See page 18A.

3-5 Red Rock 4-Wheelers 37th Annual Labor Day Safari & Campout Family-event includes 4-wheeling, camping, staging, entertainment and more. See www.rr4w.com for information.

5 LABOR DAY

6 Live music at Eddie McStiff's: Dave Steward, David Earl Brown & Jeff Gutierrez

7 Live music at Eddie McStiff's: Sin

7, 14, 21, 28 (Tuesdays) FREE Healing Qigong for unconditional love. 1:00 - 1:45 pm @ Grand Center Vitality room with Lisa, for all levels of mobility.

8 The Moab Garden Club will be meeting at 6:30 pm for another fabulous garden tour night. The first garden we will go to has been suggested for the Art Walk because it is done with such flair. The second spot we will head to is to a garden that specializes in grapes. The Moab Garden Club is open to the public and we invite you to come and join us as we learn from each other and share our ideas, seeds and plants. For more information call Tricia 259-6342 or Patty 259-7941

8 Utah Dinosaurs discussed in the Moab Information Center Auditorium at 7:00 pm: - Amy Atwater ~ Arches National Park Ranger and Geology/Paleontology Student will be here to discuss Utah's Dinosaurs: These ancient reptiles roamed the same land we do now and it's up to us to discover their histories. Join us at the Moab Information Center to learn about these "terrible lizards" and dispel popular myths about the fossils in our own backyard.

8 Contra Dance at Moab Arts and Recreation Center with Chris Layer, Artist-in-Residence with the Moab Music Festival and guest caller Ron Young. 7:30 for beginners lessons. 8 pm dance. Music by the Moab Community Dance Band. No partner or experience needed. \$5 suggested donation.

9 & 10 Navajo Rug Weaving Demonstration by Anita Hathale. Arches National Park Visitor Center. See article on page 17A.

9 Moab Mini Triathlons Three events to choose from. Sponsored by Moab Recreation and Aquatic Center and Moab City Recreation. Call 435-259-2255 for info.

9 Music at the Rio featuring Kent Burnside

9-10 Friends of the Library Book Sale- 12-8 pm Old Senior Center (542 E 100 N). Our new book shelves make browsing easier. Lots of large print books available. Contact Belinda or Judy at 719-5086 or 259-4170.

10 Back-to-School Carnival 10 am - 2 pm Rotary Park. Tickets .25 each or 44 for \$10. Games, silent auction, and lots of food! Sponsored by Grand County Prevent Child Abuse Team. Call Debbie at 260-1039 for more info.

10 The MOBA (Museum of Bad Art) visits the MARC for MOBA in MOAB. In tow will be approximately 20 pieces of Bad Art from their museum collection for an Art Walk exhibit. For more info on Bad Art and a few laughs, please visit www.museumofbadart.org or call the MARC at 435-259-6272.

10 Moab Farmers' Market Swanny City Park 8 am to 12 noon.

10 Moab's first annual Navajo Rug Auction premieres Sept. 10 at the Grand Center, 182 North 500 West. Preview rugs starting at 10am; the auction starts at 1 pm. Appraisals will be held from 10am-12pm. 300 rugs will be showcased with proceeds going directly to Navajo artisans of all ages. Demonstrations and rug appraisals will be featured. R.B. Burnham & Co. Native Auctions, known for their insight into Southwest native cultures, will conduct the auction. Presented by Canyonlands Natural History Association, supporting Navajo arts and culture. Call 435-259-6003 x10 or visit cnha.org. See article on page 14B.

10 Friendship Riders take their first Moab ride. Relaxed scenic motorcycle ride. Meet at Old City Park. Free registration meet at 8:30 - 10:30 am for registration. Call Dick Pacheco 435-260-2755 for information. No Fees - Not a Fund Raiser!

For more info on events see www.moabhappenings.com

Fiesta! Fiesta! Fiesta!
Mexican Independence Day Celebration

The Moab Valley Multicultural Center invites you to attend the celebration at Swanny City Park
Sept. 16 from 5-9 pm

¡Día De La Independencia De Mexico!
El Centro Multicultural le invita a participar en la celebración de
16 De Septiembre de las 5-9 pm
en Swanny City Park
Bailables Folkloricos, Musica Mexicana
Autentica Comida Mexicana

MOAB ART WALK 2011

September 10
October 8
November 12



Fallen Arches Square Dance Club

Thursday Nights 7:30 - 9:30 p.m.

The Grand Center
182 N. 500 West, Moab, Utah

All Square Dancers & Visitors Welcome

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Your Ad could be on this page.
call 435-259-8431 for rates.

Volunteer for your favorite special event

DEADLINE for OCTOBER Events Calendar: SEPTEMBER 20, 2011

Listings in the Moab Happenings Events Calendar are FREE!!

Do you know of an event for the Happenings calendar??

Call (435) 259-8431 or fax us at (435) 259-2418

e-mail: info@moabhappenings.com

MORE MOAB AREA EVENTS

- 10 Music at the Rio** featuring DJ Zepher
- 10 Art Walk** 5-8 pm. Stroll Moab's galleries, shops, and cafés and view fine locally created, Moab art. The Moab Art Walk includes featured artists and receptions. Most exhibits run for a month or more so feel free to stop in anytime at participating locations! See page 8A for locations and artists.
- 10 13th Annual Harvest Beer Festival.** Cortez, CO. See ad on page 12B.
- 13 Live music at Eddie McStiff's: Dave Steward, David Earl Brown & Jeff Gutierrez**
- 14 Second Wednesday Book Club at the Library.** Cutting for Stone by Abraham Verghese is September's book selection. All are welcome - 6:00 p.m. in the Grand County Public Library's Board Room.
- 14 Live music at Eddie McStiff's: The Porchlights**
- 15 Moab Reads Kick-off at the Grand County Public Library** 7:00 pm. The 2011 Moab Reads Book Selection is "Refuge: An Unnatural History of Family and Place" by Terry Tempest Williams. Visit www.moablibrary.org for a complete program description. The 2011 Moab Reads program has received funding from the Moab Arts Council and the Utah Humanities Council.
- 16-18 Moab Century Tour.** See article on page 6B.
- 16 Mexican Independence Day celebration.** 5 pm to 9pm at Swanny City Park. Folk dancers, Mexican food for sale. Traditional celebration emphasizing Mexican culture, history and the traditional el Grito.
- 16 Live music at Eddie McStiff's: Forever Growing**
- 16-17 105th Annual Green River Melon Days** See article and ad on page 12B.
- 16-17 Music at the Rio** featuring DJ Jason
- 17 Friends of the Library Book Sale- 9- 5 p.m.** Old Senior Center (542 E 100 N). Last day of sale. Prices reduced. Buy them by the bagful! Contact Belinda or Judy at 719-5086 or 259-4170.
- 17-18 Range Creek Archeology Tour** with Canyonlands Field Institute. Range Creek Valley is a remote area containing some of the most hidden and best preserved Native American sites in the Southwest. Join CFI Naturalists for this two-day tour of the area which includes guide services, transportation, vehicle supported camp, hikes, and all meals. For more information visit www.cfimoab.org, email info@cfimoab.org or call 435-259-7750. Trip fees help support outdoor education programs for schools and youth.
- 20-24 Women: Wild by Nature River Tour and Retreat.** CFI women's trips provide a time and place for deepening connections to the wild and trying out new skills. You will have the opportunity to be physical, relax, and play outdoors! For more information visit www.cfimoab.org, email info@cfimoab.org or call 435-259-7750. Trip fees help support outdoor education programs for schools and youth.
- 20 Live music at Eddie McStiff's: Eric Jennings**
- 21-25 8th Annual Skydiving Event** See article on 1B and ad on 6A.
- 21 Live music at Eddie McStiff's: Sand & Sunnie**
- 22 Canyon Country Smorgasboard Aka: The Evolution of Inspiration.** Join Moab-based photographer and art coach Bruce Hucko for an exciting evening. 7:00pm in the Moab Information Center Auditorium. The talk will be illustrated with examples of Hucko's past and present work and it will be given like a good desert hike, meaning, there is a general direction but no specific destination. Come, interact, and let's see where the evening takes us.
- 23-24 Music at the Rio** featuring DJ Jason
- 24 Moab Autumn 10K run-** Visit www.moabautumnrun.org for details. Races begin and end at Swanny Park. Participants receive a t-shirt, finishing medal, and end-of-run refreshments.
- 24 Red Rock Rumble.** Pro/Amateur mixed martial art event at South Town Gym, 7:00 pm. See ad on pg 14A.
- 26 "Everett Ruess: His Short Life, Mysterious Death, and Astonishing Afterlife"** 7:00 p.m. at the Grand County Public Library with author Philip Fradkin. Call the Library at 435-259-1111 for more information.
- 27 Live music at Eddie McStiff's: JP Whipple**
- 28 Live music at Eddie McStiff's: Dave Steward, David Earl Brown & Jeff Gutierrez**
- 29 Celebrate the 20th Anniversary of THELMA AND LOUISE** with a free screening of the film at Star Hall at 7:00 p.m. Producer Mimi Polk Gitlin will be joining us for a Q&A immediately following the film. Call the Grand County Public Library at 435-259-1111 for more information.
- 30 - October 2**
Qigong Master Li Jun Feng returns to Moab for 3 days, teaching Qigong for unconditional love. Ideal for beginners and all levels of mobility. Contact Phoenix Rising Center for details 435-259-8123.
- 30- Oct. 1 Family Weekend at Professor Valley Field Camp.** This family weekend is meant to engage kids and parents in fun and educational activities while exploring the natural and cultural history of Canyon Country. We want to provide families with a meaningful camping experience without the hassle of doing it by yourselves. For more information visit www.cfimoab.org, email info@cfimoab.org or call 435-259-7750. Trip fees help support outdoor education programs for schools and youth.
- 30-Oct 1 Music at the Rio** featuring Out a Line

OCTOBER

- 1 1st Annual Moab Pride Festival.** See an on this page.
- 4 An Evening with Author Robert Fulghum** 7:00 pm at Star Hall. The author of "All I Really Need to Know I Learned in Kindergarten" will share yet-to-be-published stories about life and people in the Moab area. **This event is FREE!** For more information call the Grand County Public Library at 435-259-1111. This program has received funding from the Utah Humanities Council.
- 7-15 PleinAir Moab.** A week long gathering of nationally known artists, celebrates open air painting in breathtaking environments. PleinAir Moab culminates in competition, awards & sale of artwork. The event is open to the public without charge. Visit the MARC 111 E. 100 N. to view, purchase or bid on artwork. See ad on page 14B.
- 15-22 Insight Meditation Retreat** in spectacular and secluded Professor Valley, 20 miles from Moab, Utah. This retreat is appropriate for beginning and experienced meditators and will be taught by Eric Kolvig and Susie Harrington. Delicious vegetarian meals provided. For downloadable information and registration go to www.desertdharma.org. If you have any questions contact Dorothy Harding at DHarding1@yahoo.com.
- 24 The Strength Based Approach to Parenting** - A training invitation to all parents, grandparents, and guardians. Building self-esteem, managing your own emotions, using consequences, childhood developmental awareness, *for parents of all ages!* 7:00 pm at the Grand County High School. Sponsored by the Moab Community Action Coalition. Call Sarah Bauman at FourCorners to register: 435-259-6131
- 30-Nov 4 Learn Harmony Singing.** Songwriting, banjo, middle-eastern frame drum, acoustic guitar and lots more. Moab Folk Camp. www.MoabFolkCamp.com

2011 Moab Events

- September 1-12..... Moab Music Festival
 September 3-4.....Moab Artists Studio Tour
 September 10 Navajo Rug Auction
 September 16-18 Moab Century Tour
 September 21-25 M.O.A.B. Skydiving Event
 September 22-25 Moab Fall Quarter Horse Show
 September 24.....Moab Autumn 10K
 October 5-9 Outerbike
 October 7-15 PleinAir Moab
 October 8-9..... 24 Hours of Moab
 October 16..... The Other Half
 October 27-30 Moab Ho-Down Bike Fest
 October 29..... Pumpkin Chuckin' Festival
 November 4-6..... Moab Folk Festival
 November 11-13 Moab River Rendezvous
 December 2-3 Holiday Arts and Crafts Fair



Meet the Artist: David Amram
 Wednesday, August 31 at 7:30

Grotto Concert I
 Thursday, September 1 at Noon

Festival Opening Night
 Friday, September 2 at 7:00 pm
 Star Hall

Open Rehearsal Conversation
 Saturday, September 3 at 11:00 am
 Star Hall

David Amram's America
 Saturday, September 3 at 6:00 pm
 Festival Tent at Red Cliffs Adventure Lodge

Classical Music Walk
 Sunday, September 4 at 9:00 am

Punch Brothers
 Sunday, September 4 at 6:00 pm
 Festival Tent at Red Cliffs Adventure Lodge

Rocky Mountain Power Family Picnic Concert
 Monday, September 5 at 2:00 pm
 Moab Old City Park

Play With Your Food
 Tuesday, September 6 at 5:30 pm
 Ranch Concert

House Benefit Concert
 Wednesday, September 7 at 5:00 pm

Grotto Concert II
 Thursday, September 8 at Noon

Beethoven, Dvorak & Bruch
 Friday, September 9 at 6:00 pm
 The Pavilion at Sorrel River Ranch Resort & Spa

Open Rehearsal Conversation
 Saturday, September 10 at 11:00 am
 Star Hall

Latin Jazz All-Stars
 Saturday, September 10 at 6:00 pm
 The Pavilion at Sorrel River Ranch Resort & Spa

Music Walk
 Sunday, September 11 at 9:00 am

Festival Closing Night
 Sunday, September 11 at 7:00 pm
 Star Hall

Grotto Concert III
 Monday, September 12 at Noon

Musical Raft Trip: Moab – Lake Powell
 Monday, September 12 –Thursday, September 15

For ticket information: www.moabmusicfest.org
 435-259-7003

ADVENTUROUS HAPPENINGS

Adventure Park Moab - Moab's ONLY High Rope Challenge Course

Adventure Park Moab is a brand new Low and High Ropes Challenge Course in the heart of beautiful Moab. The park provides safe, fun and challenging teambuilding programs for individuals, groups, families and teams and it is located at 422 Kane Creek Blvd., right down the street from McDonalds and just next to the Utah Department of Transportation facility. For those who don't know what a challenge course is it's a unique tool used to build trust, confidence, and communication as well as to overcome challenges, strengthen bonds, and most importantly, to have fun!

The brand new course is made up of a series of 50 foot wooden poles constructed with heavy duty bolts and cables designed so that participants can safely traverse a wide variety of obstacles which challenge guests mentally and physically. Imagine climbing a huge cargo net or the uniquely crafted climbing wall, walking on a 25 foot balance beam or riding the skateboard zip line, all 40 feet off the ground! By far the most talked about challenge on the course is the GIANT SWING! Strapped into a harness, helmet buckled tight, guests will launch from a 40ft platform and blast through the air on the largest public fixed-swing the four corners area has ever seen! The staff is experienced and trained to provide maximum safety while keeping the adrenaline levels high! The most important part of the staff know-how is helping guests reach their true potential, while creating a supportive atmosphere where each individual's choices and decisions are respected and supported.

The Low Ropes Challenge Course and Team Building programs are a great alternative for groups who wish to stay on or close to the ground on ropes, cables and planks and want have a more educational experience. Team challenges call upon every team member to participate, presenting opportunities for self-discovery, risk-taking, trust building and team growth or simply to learn how to create an environment where all voices are heard. The Adventure Park Moab offers customized outdoor experiential learning and team building programs.

The typical High Ropes Course session offered for groups (up to 20 people) is 3 hours (including all high ropes elements, leap of faith pole and the giant swing), or for up to 6 people a 1 hour Sampler Package (including 3 high ropes elements and the giant swing). Guests receive a safety training and briefing on the ground, including the use of harness and belay system. Your team has 3 hours or 1 hour to explore the High Ropes Challenge Course elements under self-responsibility and observation and supervision of facilitators and instructors.

The Adventure Park Moab is a children friendly facility. It was built for the purpose to give adults an adrenaline high and to provide children with another outdoor activity in downtown Moab. The minimum age for children is 10 years for the high ropes course and 6 years for the 40 ft climbing tower.

The park is the perfect event location for birthday parties no matter the age! Parties can be booked any day of the week. There are many custom options for activities and services which can be provided.

Adventure Park Moab has specials running right now that are both affordable for local families and perfect for brining teams together to perform to their maximum potential in the workplace. Let loose and have fun together! Great for sports teams to get dialed-in before the season begins!



Reservations only. Custom times are available. Please call 3 hours ahead of time and we will schedule your challenge course adventure.
 * September- November: 9 am - 12 pm & 2 - 5 pm
 * December 1 - February 17: closed, winter groups may be accommodated.
 * May-August 7-10am & 5:30-8:30 pm.



Adventure Park Moab 422 Kane Creek Blvd., Moab
 Phone:(435)-259-4424
 www.adventureparkmoab.com



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Not valid with any other offer!
 1st time tandem jumpers get 60 seconds of freefall from 13,000 ft. at 120mph!
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HIGH ROPES CHALLENGE COURSE AND GIANT SWING

By Reservations Only!

Custom times are available- please call to arrange.

SEPTEMBER & OCTOBER - Wednesday to Sunday

Please call 3 hrs in advance for reservations

- 9:00 am - 12:00 pm
- 4:00 pm - 7:00 pm

NOVEMBER - Wednesday to Sunday

Please call 3 hrs in advance for reservations

- 9:00 am - 12:00 pm
- 2:00 pm - 5:00 pm

RATES

- 3 hrs - \$65/adult \$55/youth (10-13)
- 1 hr - Sampler \$25 adult/youth





(turn at McDonalds/Burger King on Kane Creek Blvd)

(435) 259-4424

www.adventureparkmoab.com

HIKING HAPPENINGS

Burro Pass – Gateway To The Tundra

Story and photos by Marcy Hafner

According to one source, the word tundra, which is derived from the Lappish language, means “land of no trees.” In this top-of-the-world life zone of intense cold and fierce winds, only the slow growing, ground-clinging perennials can eke out an existence by using a “less is better” method – a strategy that reduces exposure to the harsh elements. Within the Colorado Plateau, the alpine tundra begins only at the higher altitudes and the La Sal Mountains have enough elevation above 11,500 feet to support this tenacious plant community. This summer conditions were perfect for an incredible explosion of tundra wildflowers – an event I didn’t want to miss.

Because there’s less air at high altitude, it takes effort to hike above timberline; one of the easiest and quickest routes for access is off Burro Pass via the Geyser Pass Road. To get to the Burro Pass Trailhead, drive south eight miles on Highway 191 out of Moab. Then, take the left hand turn to Ken’s Lake, go half a mile to the stop sign and take a right on Spanish Valley Drive, which turns into the La Sal Loop Road. Approximately twenty miles from town turn right at the sign for the Geyser Pass Road. Then, drive eight miles on a graveled road to the pass, which at 10,500 feet has nothing to do with a geyser. Instead, it is named after the early



cattleman, Al Geyser.

The last few miles – after the turn off for Gold Basin - are narrow so be prepared to pull over or back up for oncoming vehicles. Not far beyond Geyser Pass, a sign marks a fork in the road – right to Dark Canyon Lake and Highway 46, left for Moonlight Meadows and Burro Pass. Drive 1.2 miles on the left fork and then look for the left turn to route 2040 – the sign for Burro Pass is missing. Four-wheel drive is highly recommended on this last half-mile section to the trailhead.

Before my hike, I pause to turn my attention south and gaze at the two highest peaks in the La Sals. Mount Peale ranks first at 12,721 feet and Mount Mellenthein comes in a close second at 12,645 feet. Way beyond those prominent peaks, the San Juan Mountains and Sleeping Ute Mountain in Colorado cast their snowy profiles against the gathering thunderheads.

From the trailhead, it is almost a mile to Burro Pass and 4.5 miles to Warner Lake. This is the starting point for the Whole Enchilada, a popular mountain bike trail which runs a 26.5 mile course to the Colorado River – a vertical drop of 7,000 feet.

My journey to the tundra is filled with many rewards along the way, and after a short stroll through the cooling shade of firs, spruce and aspens, I walk through a wealth of wildflowers. Broadcasting their bounty of sweet nectar, industrious bumblebees respond, managing to squeeze their plump bodies into even the smallest of the nodding bluebells.

Fields of taller-than-me purplish-blue larkspur are pretty to look at but deadly to eat. All parts of this plant, which is in the buttercup family, contain toxic alkaloids and fatal poisonings occur – many of them among cattle.



The sneezeweed, which is similar in appearance to an overgrown yellow daisy, intrigues me with its odd name. The flowers when dried actually do make you sneeze, and Native Americans concocted a powdery snuff for the purpose of cleaning out the sinuses.

Gaining elevation, I am enchanted by a collection of blue columbine swaying in a slow breeze-tossed dance. To me, these exquisitely designed flowers of varying shades of blue and creamy white are symbolic of the high country.

With a view of Mount Tomasaki to my right and Manns Peak straight ahead, I forge on towards the pass and the tundra. On a talus slope a very vocal pika, blending in with his surroundings, sounds the alarm. If he’d kept his mouth shut, I would have been oblivious to his presence. It was his movements that gave him away so I could track him down! With his short rounded ears, he shows no resemblance to his rabbit and hare relatives. Instead, he reminds me of a brown guinea pig. Since they don’t hibernate through the winter, pikas gather their piles of “hay” during the summer to sustain them, and a pika in overdrive during harvest time is so entertaining to watch as he bounds from rock to rock with a bundle of grass dangling from his mouth.

A short series of switchbacks swings me on to the open grassy slope of Burro Pass. At 11,180 feet, I have gained approximately 1,000 feet in elevation. Now, I constantly hear the sharp “krak” of Clark’s nutcrackers as I watch their black and white silhouettes along the ridgeline. Close relatives to jays, these birds, who prefer high elevations, have a pouch that holds up to 150 seeds which they bury in the ground for later consumption - the leftovers that are not consumed sometimes germinate into trees.



Arrows on a wooden post mark two separate trails. The arrow pointing straight ahead is for Warner Lake, and the right arrow for the Deep Creek Trail, which is the route that I am taking, is



an artery for getting into the tundra and the top of Manns Peak.

On the first short section, the sensation of walking on ball bearings is created as the loose gravel

rolls around under my feet. It is a relief when the trail levels out! Traveling on this unmaintained path, which eventually wanders off into oblivion, trees that have fallen across it stay there - I either clamber over or skirt around them.

When the ridgeline between Manns and Tomasaki comes into view, it drops down and comes close to petering out. That’s my signal to

head up, using Manns as my beacon, until the scattered stunted trees grow only in small thickets. Before long I leave all the trees behind and proceed into the wide-open tundra, where suddenly I am adrift in waves of yellow, blue, lavender, white and red flowers flaunting their bright colors. They are advertising to the pollinating insect world to come on up and sample the sweet bounty – a profusion of sky pilot, red clover, spring beauty, pussy toes, saxifrage, cinquefoil, owl clover and alpine sunflower, which is often called Old Man In The Mountain. Others are so tiny - I have to bend down to peer into the white blossoms of the moss-like alpine sandwort and the pink tubular flowers of the moss campion that are just fractions of an inch in size.

Marveling at how these plants can survive this harsh environment and still have enough energy to produce flowers, I can’t resist walking on and on and on to follow this wave of brilliant colors for as far as it goes. Knowing their fragility, I try hard to watch where I put my feet - a cluster of the pin cushion-like leaves of the moss campion can take up to 25 years to grow. A stroll to this high altitude literally takes my breath away, but being able to witness this stunning treasure is worth every deep breath and each slow step it took to get here.



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- LAKE POWELL
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- DURANGO
- COLORADO NATIONAL MONUMENT
- YELLOWSTONE N.P.



MoabLuxuryCoach.com (435) 940-4212

ART WALK HAPPENINGS

Moab Art Walk, Saturday September 10th from 5pm to 8pm

MOAB ARTS AND RECREATION CENTER

Museum of Bad Art:

MOBA in MOAB. The Museum of Bad Art (MOBA) from Boston, MA will display museum-quality Bad Art. Submissions of Bad Art from the local community will also be on exhibit. MOBA staff will be present to discuss Bad Art.
111 E. 100 N.
435-259-6272
www.moabmarc.com



MOONFLOWER MARKET

Jim Martin:

Nature inspired Jim's paintings of Castle Valley, Grand Mesa, the Lamar river valley in Yellowstone, a north Florida beach, an underwater painting off Chetumal, Mexico, snow flurries descending the Salmon River in Idaho, and Enchanted Mesa above Boulder, Colorado.
39 E 100 N
435-259-2725



BACK OF BEYOND BOOKS/ARCHES BOOK COMPANY

Bret Edge Photography:

Bret Edge is a nature photographer here in Moab. Since he isn't a morning person and doesn't drink coffee, he struggles for the sunrise shoot but has been published in Backpacker, Popular Photography and leads private guided photography excursions.
83/89 N Main St.
435-259-0782
www.backofbeyondbooks.com



SPA MOAB

Jacci Weller and Polly Cullen:

Visit Spa Moab and enjoy the beautiful art which adorns the walls. We feature local acrylic artist, Jacci Weller and pastel artist Polly Cullen.
79 N Main St.
www.spamoab.com



FRAMED IMAGE FINE ART

Various Artists:

The Framed Image features some of the region's finest contemporary fine art including painting, sculpture, photography, ceramics, glass art, as well as fine, handcrafted jewelry.
59 E. Center St.
435-259-4446
www.framedimagemoab.com



OVERLOOK GALLERY

Rick Wheeler and Tim Morse:

Illustrator, fine artist, Rick Wheeler returns to Moab to join local artist/Overlook owner, Tim Morse for a show of some of their newest creations including watercolors, oils, scratchboard art and more!
83 E. Center St.
435-259-3861
www.moabarts.com



VISUAL FEAST

Meghan Mulcahy - Exhaltation:

Visual Feast Gallery serves it up in September with the mesmerizing creations of featured artist, Meghan Mulcahy. Dine upon a buffet of edibles, audio, art for the digestif, and a visually stimulating after dark performance. Stop by, gorge and have all your senses fulfilled. Bon appétit!
88 E. Center St.
970-946-4362
www.visualfeastgallery.com



WABISABI THRIFTIQUE

Everyone! Tie Dye:

Join the fun, kids and adults alike, with WabiSabi's Tie Dye Tent during the Moab Artwalk from 5pm - 7pm at the Thriftique at the corner of Locust Lane and 4th East! We'll provide clothes and pillowcases, \$1 each, to Tie and Dye with any assortment of colors you choose. Come create your own masterpiece of wearable art!!
411 Locust LN (next to Milt's)
435-259-9114
www.wabisabi.org

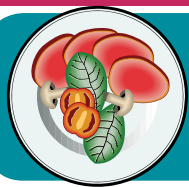


- 1 MOAB ARTS AND RECREATION CENTER**
111 E 100 N
- 2 MOON FLOWER MARKET**
39 E 100 N
- 3 BACK OF BEYOND BOOKSTORE**
83-89 N Main St
- 4 SPA MOAB**
79 N Main St
- 5 FRAMED IMAGE FINE ART GALLERY**
59 E Center St
- 6 OVERLOOK GALLERY**
83 E Center St
- 7 VISUAL FEAST**
88 E Center St
- 8 WABISABI THRIFTIQUE**
411 Locust Ln (next to Milts)

www.moabartwalk.com

	MAIN	100 E	200 E	300 E	400 E
200 N					
100 N		2	1		
	3				
	4				
CENTER		5	6	7	
100 S					
200 S					
300 S					

8



RESTAURANT GUIDE



Moab's ONLY ONSITE Microbrewery & Restaurant

State Liquor Licensee

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Beer To Go
PATIO SEATING
KIDS MENU
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LUNCH & DINNER DAILY - OPEN 11:30 AM
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(McDonald's is next to us)

How To Get A Drink... ...In Moab, Utah

Recent changes to Utah Liquor Laws have made it less confusing and easier to get an alcoholic drink. You can now go to **some** restaurants and without ordering food, you can order a drink.

Some restrictions may still apply as to where you can sit in a particular establishment when consuming alcohol. For example, Zax has an adult atmosphere in the Watering Hole where you can order a cocktail and watch your favorite sporting event on their 13 tvs, with or without ordering food. This locally owned full-service restaurant serves their entire menu in both the Watering Hole and restaurant. However, if you sit in the family dining restaurant, you need to order food to consume an alcoholic beverage.



The Moab Brewery, Moab's only on-site microbrewery, offers a variety of locally brewed beers in their tavern, as well as being available at other restaurants in town. Many flavors are on sale at retail stores in Moab as well in the Salt Lake City area.

Eddie McStiff's Restaurant, Brew Pub and Bar has 12 beers on tap and a tiki bar where you can get a glass of wine or a cocktail or beer without ordering food.

The Rio Sports Bar & Grill boasts Moab's largest selection of liquor with indoor and outdoor seating (must be 21 years or older).

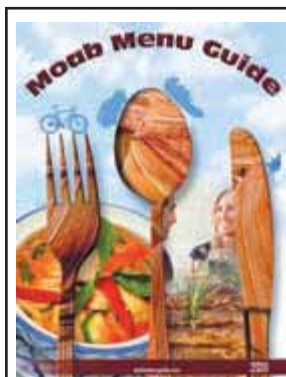
Also new is the addition of two upscale lounges in Moab. Vista Lounge located inside Buck's Grill House and The Ghost Bar, upstairs at Jeffrey's Steakhouse. Both locations have a sophisticated and casual atmosphere to relax and wait for dinner or to just stop in at the end of the day and have a drink to unwind.

Moab has two local wineries. Castle Creek Winery is located at Red Cliffs Lodge, 15 miles from Moab on Scenic Highway 128 (The River Road). Spanish Valley Vineyards is located just off Highway 191, south of Moab about 6 miles on Zimmerman Lane. Both wineries have on-site tasting rooms and wine available for sale. Utah State Liquor Stores also sell many local wines. If you would like to try some of these award winning vintages, look for restaurants serving these Moab wines.

The **Utah State Liquor Store** is the only location where you can purchase bottled liquor, wine and beer with an alcoholic content above 3.2%. The Moab store is located at **55 West 200 South** and is open from Monday through Saturday (11:00 am to 9:00 pm - May 1st to November 1st and from 11:00 a.m. to 7:00 p.m - November 1st to May 1st). They are closed on Sundays and Holidays.

Beer (3.2% alcohol content) for take-out can be purchased at food stores and convenience stores for off-premise consumption only. On-premise beer (you can drink it here) is available at various licensed locations, including taverns, golf courses, bowling alleys, and restaurants that have the required beer license.

Utah law forbids open containers in or about any motor vehicle. A blood alcohol level of 0.08% (0.05% if you have a child in the car with you) is the maximum allowable under Utah Code to be declared "driving under the influence."



Pick up a copy of the **Moab Menu Guide** at many businesses around town. It can help you choose a place to eat or order your meal for take-out. The Moab Menu Guide is also online at www.moabmenuguide.com.

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Bar M Chuckwagon
 7000 North Highway 191 259-BAR-M(2276)
 Dinner
 Live Western Show & Cowboy supper. Gunfights, games, saloon, gift shop. Fun evening activity for all ages. 4 miles North of Arches National Park entrance on Hwy 191. Beer Available. Call for information about private parties & special events.

Branding Iron Bar & Grill
 2971 South Highway 191 259-6275
 Dinner at 5pm
 Western style family restaurant. Home of the Moab Super Burger. New Specials, Great Food. Prime Rib every night. Open 7 days a week. Full Service Liquor License.

Buck's Grill House & Vista Lounge
 1393 North Highway 191 259-5201
 Dinner
 Don't think you can find casual elegance in the desert? Think again. Buck's Grill House offers fine dining in a relaxed, yet elegant atmosphere with some of the best food in the West. For a special evening out, this is the place to share an exceptional meal with your favorite friends. You'll never be disappointed at Buck's. Beautiful secluded patio dining. Vista Lounge is a sophisticated adult environment offering cocktails along with dining.

Burger King
 606 South Main 259-2700

Cassano's Italian Restaurant
 11 East 100 North 259-6018
 7 days a week 3pm - close
 Come in and join us for home made sauces and hand tossed pizzas and paninis. Moab's new traditional Italian restaurant is located in the old Poplar Place. Patio seating available so you can dine alfresco and bask in splendid red rock views. Great choice for take out and catering. State Liquor License

China Cafe
 812 South Main 259-7933

City Market
 425 South Main 259-5181

Cowboy Grill at Red Cliffs Resort
 16 Miles up Highway 128 259-2002
 Breakfast Buffet 6:30 - 10 daily Sunday Brunch 7-2
 Lunch • Dinner
 River front TABLES inside and out overlooking the Mighty Colorado. American menu. Steaks, chops, fish, fowl, pasta. Featuring local wines from Castle Creek Winery, located on site. Western Hospitality in a casual atmosphere. Make your reservations for weddings and private parties.

Denny's
 989 North Highway 191 259-8839
 Breakfast • Lunch • Dinner
 Moab's only 24 Hour Restaurant. Family dining at affordable prices. Over 100 menu items including Seniors menu, daily Special and Fit Fare for the health conscious. Ask about "Kids eat Free". Take out menu available. Reservations for large parties and buses welcome. Great food and Great Service by Great People. EVERYTIME!

Desert Bistro
 1266 N Hwy 191 at Moab Springs Ranch 259-0756
 Dinner
 Owners/Chef Karl & Michelle Kelley invite you to enjoy a relaxed evening of dining at our new location. Nightly specials, fresh fish, game, choice meats, handmade pastas, bread and desserts. Beautiful patio for outdoor dining.

Eddie McStiff's Restaurant & Brew Pub
 57 South Main Street 435 259-BEER
 Lunch • Dinner
 Lunch: 11:30 am Daily Dinner: 4:30 pm Nightly
 12 beers on tap. Brick Oven Organic Pizza. Southwestern, Pasta, Great Salads! Natural/Choice Aged Steaks, Fresh Ground in House Burgers. Kids Menu. Hassle free cocktails, wine & beer. Pool Tables. Patio Dining. Discount for Seniors 62 and older. FREE WIRELESS INTERNET! Delivery to Main Street Hotels. Live Music on Selected Nights.

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 202 South Main Street 259-4366
 Sun - Thur 11am - 10pm,
 Fri & Sat 11am - 11pm
 Experience the close-up magic of Rick Boretti Thursdays and Fridays 7-9 pm.
 Best Authentic Mexican Food. The best Margaritas in town -made from scratch with fresh squeezed lime and 100% Blue Agave Tequila. Newly remodeled patio with 4 TV's! Large groups are welcome. Children's menu. To go orders available. Is it your birthday? Let us know and we'll take your picture, "Las Mananitas". Daily lunch specials \$6.25 Full bar. FiestaMexicanaRestaurants.com

Frankie D's Bar & Grill
 44 West 200 North 259-2654
 Lunch • Dinner Open Daily 11 am
 Friendly service, covered outdoor patio, steaks, burgers, BBQ. Over 21 can enjoy a full range of beers, wines and alcohol beverages. Take out orders welcome.

Hogi - Yogi
 396 South Main (next to Teriyaki Stix) 259-2656
 Lunch • Dinner Open Daily
 Sandwiches, Ice cream, Shakes, Frozen Yogurt & Smoothies. Over 15 great sandwiches. Low-fat icy, cold nutrient-packed line of real fruit smoothies. Try our new ice cream & cookie sandwiches made to order. Drive thru service. Call in & take-out orders welcome.

Jailhouse Cafe
 101 North Main Street 259-3900
 Breakfast
 Moab's Breakfast Place located in Grand County's historic first Courthouse & features special breakfast fare like our own Southwestern Eggs Benedict & Ginger Pancakes with Apple Butter, as well as classic diner breakfasts.

Jeffrey's Steakhouse
 218 North 100 West 435-259-3588
 Open Nightly at 5:00pm
 Stop by Jeffrey's Steakhouse for a casually upscale dining experience, just slightly off main. Wagyu style American Kobe Beef. We are proud to serve local organic produce when available. Patio dining. Tucked away upstairs is the Ghost Bar. State Liquor License. Party and event reservations available throughout the week. www.jeffreyssteakhouse.com

La Hacienda
 574 North Main 259-6319
 Lunch • Dinner - Open daily 11:00 a.m.
 CELEBRATING 30 YEARS! Superior Mexican specialties with menu items for the gringo, too. Daily specials & out-of-the-ordinary entrees. Family dining atmosphere. Naturally vegetarian friendly. State Liquor Licensee.

Leger's Sandwiches
 817 So Main (inside the Moab Chevron) 259-2212
 Deli Open 6 a.m. - 8 p.m.
 Leger's Sandwiches, a favorite since 1977, is located inside the Moab Chevron which is open 24 hours. Our Sandwiches are made to order. Call in orders welcome.

Los Girasoles
 2740 SHwy 291 (Old Stage Coach) 259-1660
 Open everyday 11 am - 10 pm
 The third location is now in Moab, our other two locations were voted best Mexican food in their city. We appreciate your support. Lunch and dinner specials every day. Everything on our menu is under \$13.00 (lunch \$6.00). We didn't forget about the kids either, with our full kids menu. We promise to be the best Mexican food in Moab. We know you have limited time to eat lunch, so we have fast lunches. Come and try it out for yourself, we won't let you down!

Love Muffin Café
 139 North Main 259-6833

McDonald's
 640 South Main 259-8800

Mi Ranchito y Mexicano
 812 South Main Street, Suite B 259-0550
 Breakfast • Lunch • Dinner fax 259-5533
 Mon - Sat 9:00am - 10pm Sun 9am - 9pm
 New owner. Changing daily specials. Come join our family owned restaurant for great authentic Mexican food. We use our own recipes to make fresh salsa, tamales, and chorizo, just like my mother's cooking at home. Our full breakfast selection includes burritos, huevos rancheros, and omelettes. We also have menu items from a quick lunch to a full dinner. Call ahead for quick lunch or dinner pick-up. We will cater your employee holiday party.

Miguel's Baja Grill
 51 North Main 259-6546
 Dinner
 Genuine Mexican Cuisine, traditional recipes and methods of Baja California and other states in Mexico. We pride ourselves on fresh food and prepare it as you order it. Great Margaritas and seafood dinners are our specialty. Proud to cook with zero trans fat.

Milt's Stop & Eat
 400 East and Millcreek Drive 259-7424
 Lunch • Dinner
 Open 11 am - 8:30 pm Everyday
 A true Moab icon since 1954. Featuring 100% ground chuck burgers, classic diner sandwiches, all beef hot dogs, flavored shakes and malts. Located on the way to the Slickrock Trail behind Dave's Corner Market. Eat in or take out. See ya' all at Milt's. Daily Specials Website is www.milstsstopandeat.com

For more information about these restaurants pick up a "Moab



Moab Coffee Roasters
 90 N. Main St. 259-2728
 7 days a week 6:30am - 10:00pm
 On-site roasting for the freshest coffee and espresso in town available by the cup or by the pound. Professional baristas serve carefully prepared lattes, smoothies, Italian sodas, and locally made gelato. Open early and late for after dinner cappuccino and dessert. Indoor and outdoor seating. Taste the fresh roasted difference!

Moab Brewery
 686 South Main 259-6333
 Lunch & Dinner
 Open 11:30 AM DAILY. Whatever the season, whether you're hungry or thirsty, come in and enjoy the comfortable atmosphere. Food to go. Moab's only brewery. Offers sandwiches, steaks, salads, burgers, daily specials. Kid's Menu. State Liquor Licensee.

Moab Diner & Ice Cream Shoppe
 189 South Main 435 259-4006
 Breakfast • Lunch • Dinner
 Mon-Sat: 6:00 am - 9:00 pm
 Home of the best green chile in Utah. You'll love our specialty breakfasts, lunches and dinners.

Pancake Haus
 196 South Main (next to Ramada Inn) 259-7141

Pantale's Desert Deli
 98 East Center 259-0200
 Open for Lunch Mon - Sat
 Greek style deli with old family recipes. Fresh made dressings and salads. Big sandwiches. Soup of the Day. Order box lunches to take with you on your adventure. Ask for early morning pick-up. Catering available.

Paradox Pizza
 702 South Main St 259-9999
 Lunch • Dinner
 11am - 10 pm everyday
 At Paradox Pizza, everything is made in house, from our pizza dough to the New York Cheesecake. Join us for a slice and a beer after your day in the desert, or have dinner delivered to you. Voted Best Moab Pizza by Salt Lake City Weekly. Dine in, take-out or delivery. Family friendly. Order online at www.paradoxpizza.com.

Pasta Jay's
 4 South Main 259-2900

Peace Tree Juice Cafe
 20 South Main 259-0101
 Breakfast • Lunch • Dinner
 Open everyday 7am-10pm
 Welcome to the brand new Peace Tree. Dedicated to using the freshest local ingredients, while adding a new and exciting breakfast and dinner menu featuring vegan and gluten free items. Catering and to go orders are available.

Pizza Hut
 265 South Main 259-6345
 Lunch • Dinner
 Fri-Sat: 11 a.m. - 11 p.m. Sun-Thu: 11 a.m. - 10 p.m.
 Salad bar, variety of pizzas & toppings, pasta, breadsticks, kids menu & quick lunch specials. Pick up or delivery available. OPEN EVERY DAY

Portal Grill at Moab Regional Hospital
 450 West Williams Way

Red Rock Bakery & Net Cafe
 74 S. Main Street 259-5941
 Breakfast • Lunch
 Open 7am-4pm Mon-Sat and 7am-3pm Sunday. Serving freshly baked bagels, muffins, scones and cinnamon rolls. Fresh Moab Coffee (FMC). Best Sandwich in Moab. Moab's original high speed Internet Access. Open EVERY DAY.

Rio Sports Bar & Grill
 1 block west of Main on Center 259-6666
 Sports Bar & Grill. Affordable drinks & food. Fully stocked bar, serving beer, liquor & wine. Nightly entertainment. Live music on weekends. 21 years and older. Open every day at 3:00pm

Sabuku Sushi
 90 East Center 259-4455

Singha: Authentic Thai Cuisine
 92 East Center 259-0039
 Lunch • Dinner
 Lunch: Mon-Sat 11a.m. - 3 p.m.
 Dinner: Mon-Sun 5 p.m. - 9:00 p.m.
 For those in search of true Thai Cuisine, we invite you to experience the flavors and aroma of Singha Thai Cuisine. Not always spicy as you thought. We use fresh herbs and spices including garlic, coriander, lemon grass, mint and chilies. Our full menu includes House specials, appetizers and desserts. Now serving beer, wine and saki.

Slickrock Cafe
 5 North Main 259-8004
 Lunch • Dinner
 Open everyday 11 am - close
 Steaks, New & Improved Lunch & Dinner Menu. Atrium Seating, Appetizers, Gourmet Burgers, Sandwiches, Salads and Freshly Grilled Entrees. Ice cold beer. Daily Specials, Kids Menu. Call in and take out orders welcome. Full Service Liquor License. Live music Fri, Sat & Sun. Open Mic on Thur.

Smitty's Golden Steak
 540 South Main 259-4848
 Breakfast • Lunch • Dinner
 Open 6am-9 pm 7 days a week
 Next to Big Horn Lodge. Featuring steaks, prime rib, hamburgers, full breakfast menu. Prompt coffee shop service.

Sorrel River Grill Restaurant
 17 Miles Northeast on Scenic Hwy 128 259-4642
 Dinner (by reservation only)
 Enhanced Utah Dining Experience. Overlooking the Colorado River, enjoy delicious menu offerings from tender aged beef entrees, mouth watering seafood specials and garden fresh vegetable dishes direct from the ranch's organic garden. Full liquor license and extensive wine list. Casual dress. Reservations Required.

Subway Sandwich Shop
 299 South Main 259-SUBS
 Breakfast • Lunch • Dinner
 Open 8 a.m. everyday
 NOW SERVING BREAKFAST UNTIL 11AM! Create your own healthy sandwiches and salads. Five varieties of freshly baked bread. Load up your subs with lots of fresh veggies and one of SUBWAY'S special sauces. Located inside Walker's Convenience Store (corner of 300 South and Main)

Sunset Grill
 900 North Highway 191 259-7146
 Dinner
 Steaks, Seafood, Pasta, Prime Rib. Fresh ingredients brought in daily. Children welcome. Reservations accepted for parties of 6 or more. Come up and rediscover Charlie Steen's historic home with the million dollar view. Open 5:00 daily. Closed Sundays. State Liquor Licensee.

Szechuan Restaurant
 125 North Main 259-8984

Teriyaki Stix
 396 South Main, Next to Hogi-Yogi 259-2656
 Lunch • Dinner
 Wide selection of rice or noodle bowls with grilled teriyaki chicken, hot & spicy chicken, beef, kalua pork, fresh steamed veggies, pot stickers & more. Drive thru, take-out & call in orders welcome. Open 7 days a week. Located across from City Market.

The Blu Pig
 811 S. Main 435-259-3333
 • Dinner • Take Out
 Open 4 - Close Mon - Sat • 11 - Close Sun
 Moab's only BBQ and Blues destination. We have created a casual, laid back establishment that you'll want to come back to again and again. Our pitmaster is smoking your favorites all day, every day. LIVE music (call for details). Our covered patio, dining and internet bar are just some of the extras we offer for your enjoyment and convenience. Large Screen HD TV's. Don't forget to try the smoked pecan pie, it'll blow your mind!! Take out available. Ice cold beer. State liquor license.

Village Market
 702 South Main 259-3111

Wake and Bake Cafe
 59 S. Main #6, McStiff's Plaza 259-2420

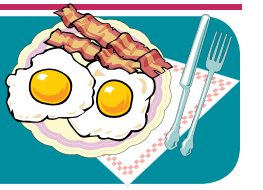
Wendy's
 260 North Main 259-2595

Wicked Brew Drive Thru
 132 North Main 259-0021
 Open at 6 am Daily
 Wicked Brew is committed to providing you unbeatably fresh and full flavored coffees and teas. We feature Triple Certified Organic & Fair Trade beans meticulously selected from only environmentally responsible growers around the world. Our baristas are the friendliest in town giving you the quickest and most enjoyable coffee experience in Moab.

Zax
 96 South Main Street 259-6555
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 We have it all, from our all new sunrise breakfast, to our hand cut steaks. We offer an extensive menu that includes the best burgers in Moab, deli sandwiches, pastas, salads, seafood and our all U can eat pizza buffet and salad bar. Dine inside or out on our all-weather patio and covered porch. For those 21 and over, visit Zax Dining Club. Watch your favorite sporting event on the 50" flat screen or one of the other 22 TVs throughout the restaurant. Featuring a full liquor license. Open 7 days a week. Locally owned and operated.



RESTAURANT GUIDE




Fit Fare® Options



Chicken Avocado Sandwich
Light: Under 550 Calories
Protein: Over 20g



Cranberry Apple Chicken Salad
Light: Under 550 Calories
Lean: Under 15g of fat

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Sun 9 am - 9 pm



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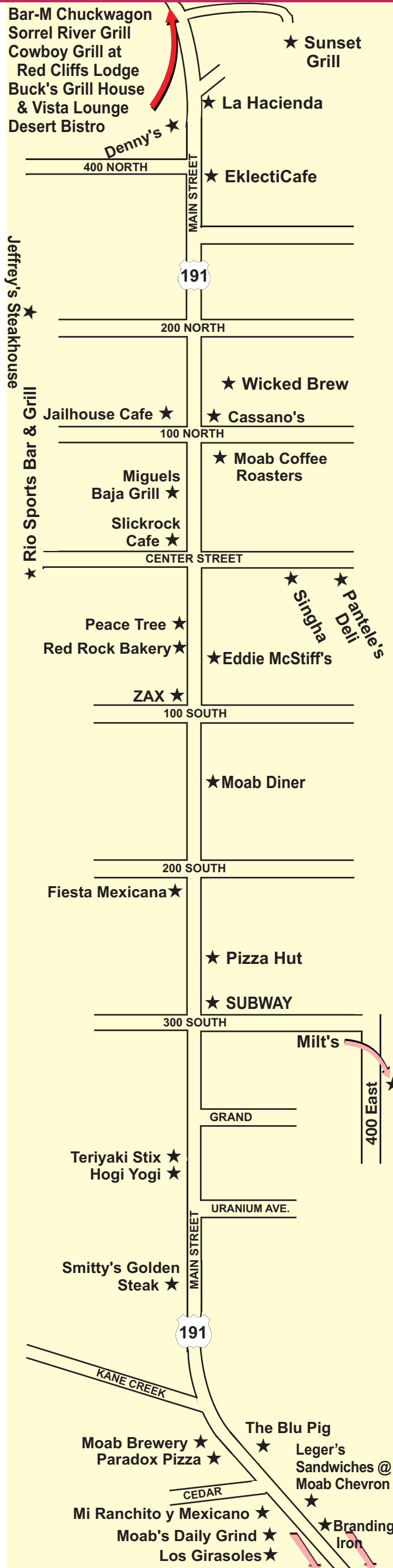
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Patio • Catering
Family Dining

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3pm to close 7 days a week

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Next to Moab Valley Inn



RESTAURANT GUIDE

RESTAURANT GUIDE



The River Grill Restaurant

Enjoy a Romantic Fine Dining Experience at the River Grill Restaurant at Sorrel River Ranch Resort. A beautiful setting overlooking the Colorado River matched with delectable menu offerings. Locals always receive 10% discount. Call 259-4642 ext.320 for reservations today! Scenic Highway 128, Mile 17 www.sorrelriver.com

SORREL RIVER RANCH
resort & spa

Castle Creek Winery

Continued from page 3A

the inside is a very modern winery laboratory. The wine is monitored daily and the building is kept at a constant temperature to keep the wine stable. This may seem like an easy thing to do with high tech equipment, but with thousands of gallons of wine in production and Moab's extreme temperatures a winemaker is never at ease. Wine must be monitored and tested every day.

In addition to making wine Castle Creek Winery planted a vineyard in the spring of 2006. With over 10,000 plants a vintner is always busy. By growing his own fruit a winemaker can assure that the plants are given the best opportunity to produce the finest quality fruit. While much care and attention is given to each plant there are always factors outside of the vintner's control that can affect each year's crops. It is no mistake when a fine quality wine is made. From the moment buds begin to unfold, to the time that wine is poured into a glass the wine is tendered and encouraged with knowledge, dedication, hard work, and good timing.

Winemaking may sound like risky business but be assured that the payoffs are great. The satisfaction of a well rounded wine after two years of hard work and devotion is an amazing accomplishment; even better you get to drink the wine! After one year's batch is bottled and on the shelf, the whole process begins again.

Wine is a complex product that takes dedication, good equipment, a clean facility, and most of all a diligent knowledgeable winemaker. Castle Creek Winery has all of these and therefore produces world class wines in the rugged desert of Moab, UT. Don't take our word for it, come out and visit us and see our wine in the making and discover the flavors at our wine tasting room.

Castle Creek Winery sells wine and gifts from 10:00 am to 7:00 pm daily. We offer complimentary wine tasting from 12:00 am to 7:00 pm daily. The tasting room is located in the top of the winery building on the same grounds as Red Cliffs Lodge.

CASTLE CREEK WINERY
Located at milepost 14, Hwy. 128
(435) 259-5397 www.castlecreekwinery.com

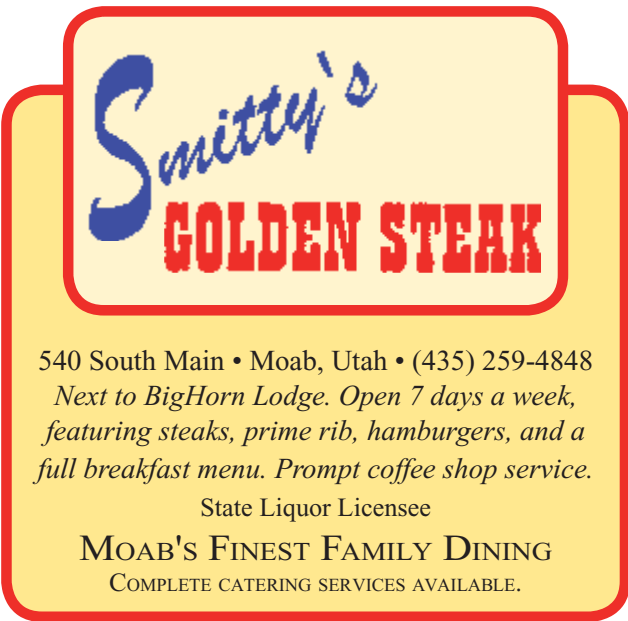


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Moab, UT

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- BUFFET GRILL LUNCH 11:30-2
- FULL MENU PATIO DINNER 5PM

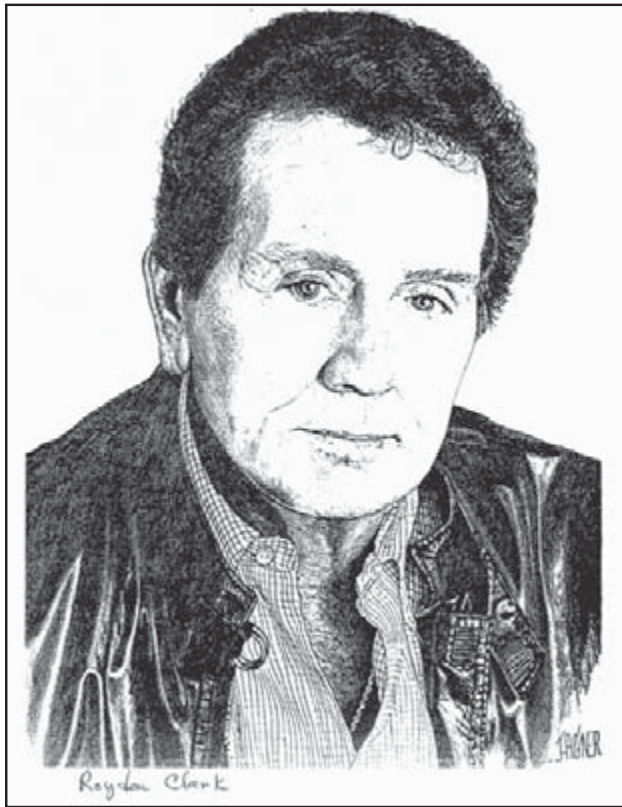
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STUNTS, STARS & LEGENDS

ROYDON CLARK

by John Hagner



Roydon Clark is from Dayton, Pennsylvania, and was born 1928. He is one of eight children. He spent his summer months around the Hudkins stables in Burbank not far from Warner Bros. Studios. The Hudkins family took him in and he earned money pitching hay and taking care of the livestock.

Roy began cowboying in front of the camera at Republic Studios and worked with such stunt legends as Ben Johnson and Chuck Roberson. It was long before Republic placed Roy under contract under the directorship of Joe Kane. He played roles in westerns and was in several films there including "Ride the Man Down". "Wild Bill" Elliott was a popular cowboy star at Republic and Roy was in several of his films.

In the movie "Montana", Roy doubled for Errol Flynn and worked on seven John Wayne films including "Fighting Kentuckian", "Undeclared", "The Conqueror", "She Wore a Yellow Ribbon" and "The Shootist". He also doubled for Clark Gable two times.

Roy went on to double for James Garner in the Warner Bros. television series, "Maverick" and doubled for Garner for 40 years. Some of the films were "Duel at Diablo", "Hour of the Gun", "Support Your Local Sheriff", "Sunset" and Garner's other TV series, "Nichols" and "Bret Maverick".

He was kept busy at Warner Bros. Studios as well as other major studios, such as, "Colt .45", "Badlands of Montana", "A Distant Trumpet", "Bandolero", "Little Big Man" and TV episodes of "Cheyenne", "Sugarfoot", "Bronco". He worked at Warners for 17 years. He was also in "Bat Masterson", "Lone Ranger" and "Bonanza".

In other feature films that were not westerns, he worked in the 20th Century-Fox epic thriller, "Towering Inferno", "Bonnie and Clyde", "Indiana Jones and the Last Crusade" (many scenes were filmed here in Moab. He performed motorcycle action for Sean Connery in the "Naked Gun" movies.

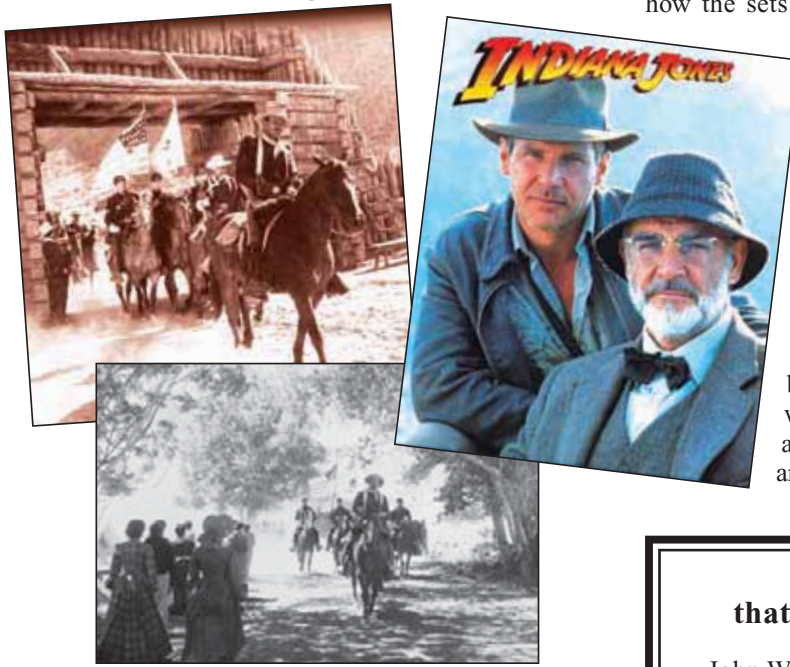
He and Reg Parton and another stuntman were stunt safety investigators (volunteer work) for the Directors Guild of America on trying to prevent future accidents.

Roy, after a time, broke into the stunt-coordinating end of the business, in charge of all the action on James Garner's "Rockford Files" and many other series including "Whiz Kids" and "Amazing Stories" for famous director Steven Spielberg.

Roydon Clark is an honored inductee in the Hollywood Stuntmen's Hall of Fame and was footprinted for posterity, adding his prints to over 400 to date. He has been a supporter of the Hall of Fame since its beginning back in 1973 and holds a special place in the hearts of all those who are involved with getting the Hall of Fame open again so that the public can visit and enjoy all of the memorabilia and artifacts that its Founder, John Hagner has gathered and preserved for more than 55 years.

The Hollywood Stuntmen's Hall of Fame is a non-profit organization that is dedicated to preserving the history of the stunt profession and to honoring stunt people the world over. Anyone interested in becoming involved in its efforts as a supporter may make a tax-deductible donation to: Hollywood Stuntmen's Hall of Fame, 81 W. Kane Creek Blvd., - #12, Moab, Utah 84532. Email address is: johnhagner@hotmail.com. Website: www.stuntmen.org. On Facebook: Search Falling For Stars. Then Artist of the Stars. Then Stunt Stars and Legends. Phone number is 435 260-2160.

Movie & Western Memorabilia Museum at Red Cliffs Lodge



Red Cliffs Lodge, on the banks of the mighty Colorado River, is home to the Moab Museum of Film & Western Heritage. The lodge is built on the old George White Ranch, a key location for nine of the big westerns including *Rio Grande*, *Cheyenne Autumn*, *Ten Who Dared*, *The Comancheros*, and *Rio Conchos*.

The late George White was founder of the Moab to Monument Valley Film Commission, the longest ongoing film commission in the world.

In the museum one can learn more about film locations, how the sets are built, and how the filming process is managed on nature's own sound stage. On display in the museum are production photographs, movie posters, autographed scripts, props from the many pictures filmed in the area, and displays about the western ranching heritage. For information, call Red Cliffs Lodge at 259-2002.

Through the magnificent landscapes of southeastern Utah, writers have been inspired and stories born here. Zane Grey, the famous western novelist, traveled through the area in 1912. His visit inspired him to write his book *Riders of the Purple Sage*. The book was made into a movie starring Ed Harris and Amy Madigan, and filmed on locations around Moab.

A partial list of stars that have made movies in Moab

John Wayne, Maureen O'Hara, Henry Fonda, Lee Marvin, Rock Hudson, Jimmy Stewart, Richard Boone, Anthony Quinn, Mickey Rooney, Shirley Temple, Kris Kristofferson, Billy Crystal, Robert Duvall, Gene Hackman, Bill Murray, Jack Palance, Susan Sarandon, Geena Davis, Ted Danson, Tom Cruise, and many more.

SATURDAY, SEPTEMBER 24, 2011 at 7:00PM



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Moab, Utah

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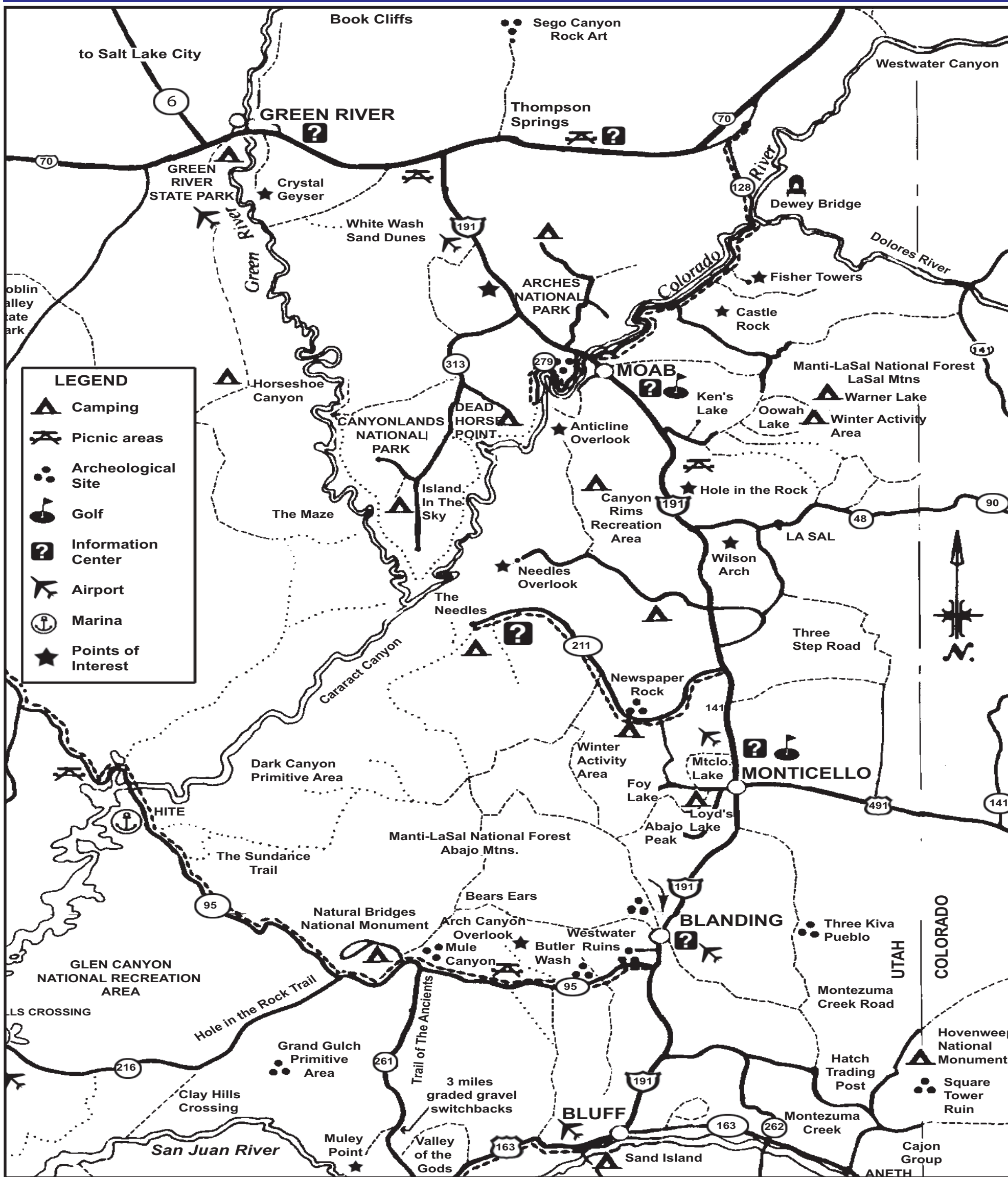
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COWBOY HAPPENINGS

An Evening at the Bar-M Chuckwagon is a "Must Do" for Visitors to Moab!

What's the best way to spend the evening after a perfect Moab day? An old west evening at the Bar M Chuckwagon's Live Western Show & Cowboy Supper! Step back in time to when the west was really wild and relive the days of the "American Cowboy!" More than just a tasty meal, the Bar M Chuckwagon offers three fun-filled hours of delicious chuck wagon food, great cowboy music and a bunch of wonderful memories. An evening at the Bar M is good time for folks of all ages.

Set in an old west village, the Bar-M is Moab's own unique western dinner theater. A full evening of activities awaits you at the Bar-M including, old west games, a gunfight, a delicious Cowboy Supper and a live western stage show featuring the music and comedy of the "Bar-M Wranglers".

Just 7 miles north of Moab on Highway 191, turn when you see the covered wagon with a BAR-M on it. Pick up your tickets at "Doc's Medicine Wagon" in the parking area, and then head down the trail to the "Bar-M town." The ticket booth and grounds open at 6:30 PM. Be sure to arrive early enough to belly up to the Saloon for a cold one, pitch a game of horse shoes, rope the steer or browse through the gift shop full of western souvenirs and more.

The always-entertaining gunfight begins around 7:00 so be sure to have your camera ready! After the smoke clears, everyone enters the large dining hall to get ready for the Cowboy Supper. The decor includes a dusty saddle or two and many other western memorabilia. The mouth watering Cowboy supper begins at 7:30 sharp and is served trail style with metal plates and cups. You'll have a choice between sliced roast beef in barbecue sauce or barbecue chicken, baked pinto beans, baked potato, cinnamon applesauce, buttermilk biscuits and spice cake, with cowboy coffee, lemonade and iced tea to drink. A vegetarian option is also available with advance notice.

Right after dinner, the "Bar-M Wranglers" take the stage for an hour to entertain you with ranch-style comedy and old cowboy songs like "Cool Water" and "Ghost Riders in the Sky." The "Bar-M Wranglers" are a professional 4-piece band that has recorded two CD's. The "Wranglers" are David Steward, Clay Maxam, and

Alan and Valerie Brown.

Originally from New Jersey, Singer, songwriter and instrumentalist Dave Steward adds hot guitar pickin', solid bass playing and vocals for the "Bar-M Wranglers" and has lived in Moab for 24 years. He does the vocal arrangements for the group. Dave has been a guitarist most of his life and enjoys playing many styles of music including jazz, classical, and rock as well as cowboy music. Dave has a CD of original music called "Wild West Heart" and also a CD of classic cowboy songs called "Call of the Canyon."

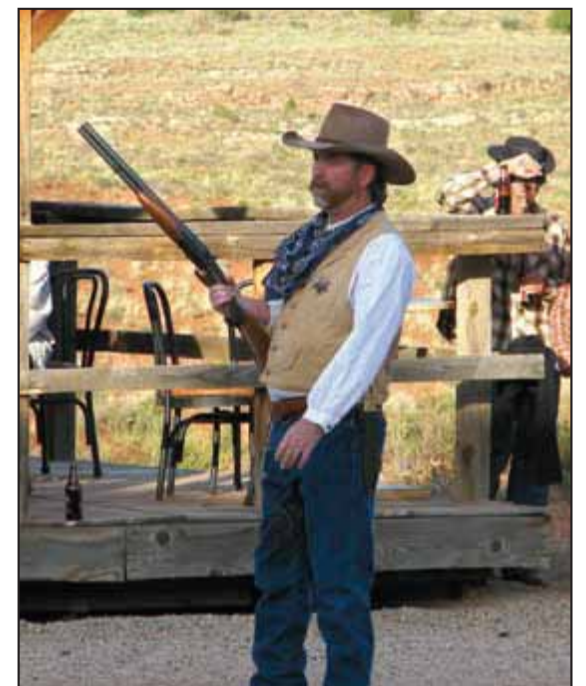
Clay Maxam hails from the Northwestern United States and now resides in Moab with his wife Judy. Clay Shines on the intricate pedal steel guitar and occasionally plays Dobro in the Bar-M show. He is an integral part of the Bar-M operation and is featured nightly in the shootout.

The other members of the "Bar-M Wranglers" are your hosts and owners of the Bar-M Chuckwagon, Alan Brown and Valerie Hunt Brown. Valerie and Alan both sing, yodel and play several musical instruments. Valerie and Alan met and married in Nashville, Tennessee. Valerie was a recording artist on MCA Records with the music/comedy trio "Ethel & the Shameless Hussies." Originally from Illinois, Alan was a singer/song writer and once toured with the internationally famous group "Up With People." In 1992, Alan and Valerie moved from Nashville to Moab, bought the Bar-M Chuckwagon and have been performing with the "Bar M Wranglers" ever since.

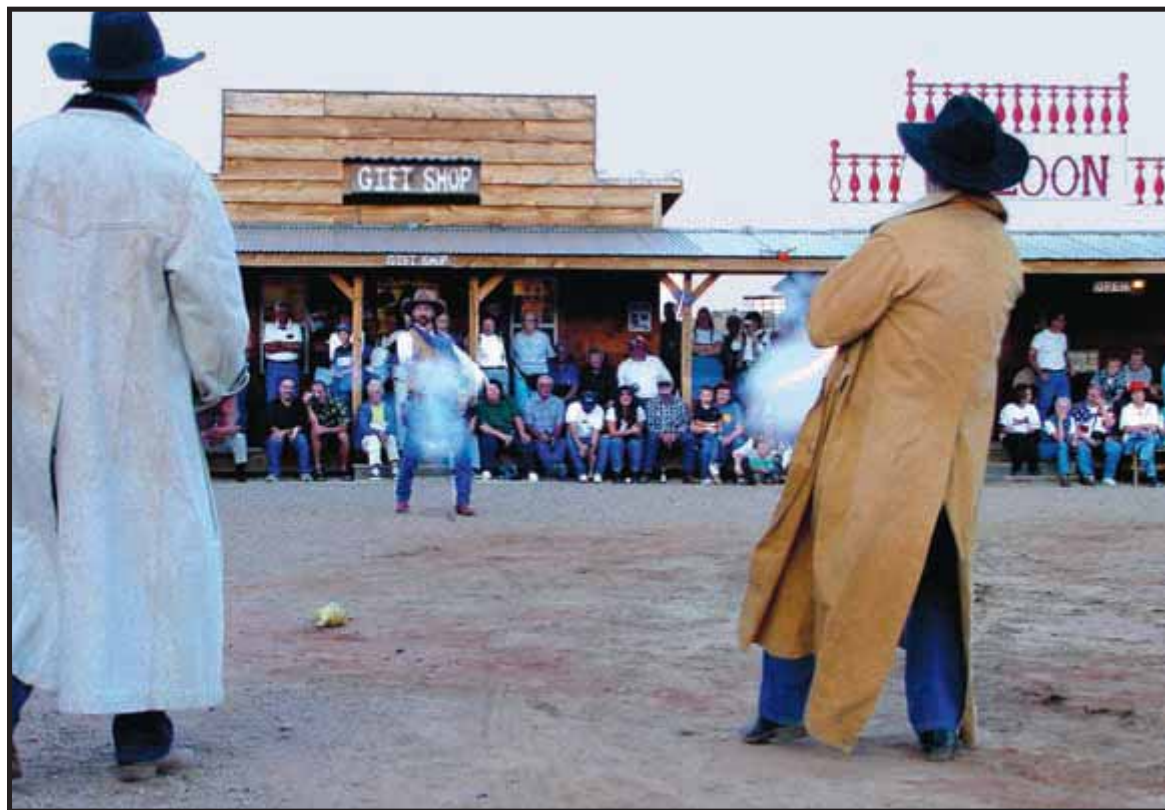
The Bar-M Chuckwagon's season runs April through mid October. Dates open vary with the season, please call for schedule. There is year-round availability for special events. The Bar-M operates rain or shine to serve you and your family, group, banquet or party in a big, beautiful, climate-controlled, indoor facility. Large groups are always welcome.

Admission price includes dinner, live western show, games, gunfights, and gratuity: \$27.95 for adults, children four to twelve years old are half price and kids three and under is free. Make sure to call ahead for reservations so you don't miss out on all the fun! Call 435-259-BAR-M (2276) to make your reservations today. You can visit

their web site at www.barmchuckwagon.com. Tell them you read about the Bar-M in the "Moab Happenings."



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NAVAJO RUG HAPPENINGS

Handmade Rugs Come To Moab

Canyonlands Natural History Association (CNHA) is pleased to bring two Navajo rug events to Moab on September 9th and 10th. This is a rare opportunity for you to see how rugs are created, meet the weavers and maybe even purchase a beautiful handmade rug for your home!



If you have ever wondered how a Navajo rug is made, don't miss the demonstration by Navajo weaver Anita Hathale. She will be working at her loom at the Arches Visitor Center on Friday, Sept. 9th, from 10am to 3pm, and Saturday, Sept 10th, from 9am to 12pm.

On Saturday, September 10th, CNHA is holding its first annual Navajo Rug auction at the Grand Center, (182 North 500 West). To celebrate this event, CNHA has commissioned the creation of a special pictorial rug of Delicate Arch. Navajo weaver Marlowe Katoney has woven an amazing work of art that will be offered at the auction. Come during the preview (from 10am to 12pm) so you can see and examine this one-of-a-kind weaving and hundreds of other beautiful rugs that will be up for auction. Then, grab a bidding paddle and a seat and join in the auction that begins at 1pm.

More about the Navajo weavers Anita Hathale

Anita's mastery of weaving techniques comes from lifetime spent learning and practicing the art of weaving handed down through the maternal side of her family, then from mother to daughter.

Growing up on a remote part of the Utah Navajo reservation, Anita found beauty in the barren expanses of windswept sandstone and desert brush of her homeland. As a child she helped tend sheep; as a young girl she learned to shear the sheep, wash the wool, dye it with natural plant dyes, and card and spin it into yarn.

At age twelve, her mother Dinah felt Anita was ready to learn how to weave the traditional Navajo rugs. When she married she found a husband who could build her a rug stand, and who was supportive of her need to sit at her loom.

Anita now weaves up to 12 hours a day, and loves her work. Her art has evolved from creating traditional patterns to designing her own original motifs. Anita recently finished a "Hale-Bopp" rug, inspired by the vivid comet. It is on display at the Museum of Northern Arizona. "I love to weave," Anita says, "when I look at my finished rugs, I think 'Wow, I did that'. I feel euphoric."

Although Anita now buys her yarn from the store, she puts it through a water process and spins it tighter before using it. As proficient as she is, it still takes her up to a full day to weave a mere two inches on a four foot wide rug, and up to a month to make a rug four by five feet in size.



No wonder Anita feels euphoric when she sees her finished product. She has every right to be elated with her creations - the fruit of her loom.

Marlowe Katoney

Marlowe Katoney grew up in Winslow, Arizona and attended the University of Arizona, majoring in Fine Arts (two-dimensional design) with an emphasis in painting. Marlowe learned to weave in 2009 after a lot of encouragement from his maternal grandmother and other relatives. He says, "It was important for me to learn to weave because I realized that no one else on my maternal side of the family had learned to weave. I take weaving very seriously as an art form and apply my skill set as a trained artist to the loom. Art is one of the singular components in my life that have its roots deep within my upbringing".



His training as an artist is very evident in the Delicate Arch rug, from the abstraction of the arch and surrounding landscape, to the incorporation of Native American designs, and his painterly choice of colors.

Marlowe's painting received an honorable mention at the Gallup Ceremonial in 1994. In 2005, he took second place at the Museum of Northern Arizona in the painting division. Marlowe has exhibited in the Mesa Museum of Contemporary Art, the Gallery of Contemporary Art in Tucson, and has works in private collections.

Discover the beauty and artistry of Navajo weaving right here in Moab at CNHA's upcoming events! See Anita Hathale's weaving demonstration at Arches Visitor Center, Friday, Sept. 9th, from 10am to 3pm, and Saturday, Sept 10th, from 9am to 12pm. And join us for CNHA's first annual Navajo rug auction Saturday, September 10th, at the Grand Center in Moab. Appraisals 9 am-noon, Preview 10 am-noon, Auction at 1 pm. For more information, call CNHA at 1-800-840-8978 x 10.

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MULTI-ART HAPPENINGS

Visual Feast Gallery

Visual Feast Gallery, is the newest gallery in town having just opened in May of 2011. Specializing in contemporary, abstract, modern and the unorthodox, somehow I survived the hot summer months and am especially excited about September finally being here! Some of my enthusiasm comes from being able to share with you the fresh new artists who have joined the feast. Visual Feast Gallery has been blessed with the exceptionally gifted talents of three new and very diverse artists; Luke Howarth, Diane Trevett and Lawrence W. Adkinson. Howarth serves up some nonrepresentational enamel panels in a full range of colors, inspired by Jackson Pollock and titled after titles of some of his favorite songs. Trevett satisfies with tasty living abstraction oil paintings inspired by her environment; and most recently discovered, Adkinson whos specialty is found object kinetic sculptures, many of which employ musical instruments (for all of you Moab Music Festival art lovers).



the last blue note

Also on the menu: oil paintings and funky jewelry by Yrma van der Steenstraeten, whimsically quirky graffiti by Chris Haven, found object treasure shrines by Karen Mandery, mixed media with a taste of clay sculptures by Jonathon Hagman and textural high relief mixed media by Visual Feasts curator (me) Chrissy Noel Kinslow.

What's more in September are the wonderful mixed media illustrations of featured artist Meghan M Mulcahy. This tremendously talented artist likes to play with natural forms combined with modern compositions and lots of detail. Concentrating largely on black and white mediums, she likes to find the beauty in the details, finding whimsy in a different angle or an unexpected place. Meghan loves to combine the beauty of biological subjects and the crisp lines of ink or graphite, creating daring and powerful images.

Come meet Meghan during the Moab Art Walk Saturday September 10th starting at 5:00 and dine upon a buffet of edibles, audio, art and for the digestif, a visually stimulating after dark performance.



Meghan Mulcahy

Visual Feast Gallery offers many other services such as artist advising, group and individual classes, contests and call to artist shows, as well as much more to come as the gallery grows. For more information go to www.visualfeast.com or stop by Visual Feast Gallery at 88 east Center Street (located in the alley of the Center Street Square), gorge and have all your senses fulfilled. Falls hours 11-8 Wednesday -Sunday

Bon appétit!

MOBA comes to MOAB

All the way from Boston, MA, the Museum of Bad Art (MOBA) visits the MARC for "MOBA in MOAB." In tow will be approximately 20 pieces of Bad Art from their museum collection for an Art Walk exhibit on Saturday, Sept. 10th. Founded in 1993, the Museum Of Bad Art is a private institution dedicated to the collection, preservation, exhibition and celebration of bad art in all its glory. It is the only museum of its kind in the world.

Two MOBA staff members will "interpretate" the visiting Bad Art exhibit. Permanent Acting Interim Executive Director Louise Sacco likes to point out that MOBA achieved a dream on her watch- to be featured by The National Enquirer. Curator-in-Chief Michael Frank is a professional musician and entertainer with enviable balloon-twisting skills. Both are happy to escape the humid heat of Boston in order to share Bad Art with a wider audience and to continue their nationwide search for museum-quality Bad Art.

So, what IS Bad Art? Bad Art is impossible to create on purpose, must have been seriously attempted by someone making an artistic statement (yes, good artists make bad art), and is compelling, or as a curator of the Museum of Bad Art stated, the art must have an "Oh my God" quality. Bad Art is art created with the best of intentions but gone horribly wrong.

MARC Members will be treated to an



Sarah Irani, 1995
24" x 30", Acrylic on Canvas
Donated by the artist

The flesh tones bring to mind the top shelf liqueurs of a border bistro. With an astonishing emphasis on facial bone structure, the artist flirts with caricature and captures features of Mama's face which remind us of a Presidential candidate. The upright marionettish pose of the babe hints that the early bond between mother and child is as formal as it is familiar. Good old fashioned parental respect is at the center of this celebration of color and contour.

exclusive Bad Art Sneak Peek and Gala Fundraiser on Friday, September 9th. Food, drinks, and music will be the backdrop for a Silent Auction and Quick Draw Live Auction featuring local nonartists from community nonprofits. MOBA staff will be on hand to discuss the Quick Draw masterpieces and answer questions about Bad Art. Funds raised will support art programs at the MARC and community nonprofits.

For more info on bad art & a few laughs, please visit www.museumofbadart.org or call the MARC at 435-259-6272. Thank you to the Moab Arts Council for helping bring MOBA to MOAB.



"A remarkable fusion of ski resort and wolf puppy – stoical in his yellow-eyed silence, frozen beneath the ice-capped peak, Dog eloquently challenges the viewer to re-examine old concepts of landscape."

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FESTIVAL

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Saturday October 1st @ Noon Visibility March @ Swanny Park
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1st annual
Moab Autumn 10k Run
10k - 5k - kids' k

Saturday, September 24, 2011

For details please visit
www.moabautumnrun.org

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Races begin and end at Swanny Park
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SUSTAINABLE HAPPENINGS

Nuts and Bolts and #7 Plastics of Recycling in Moab

Article and Photos by Joan Gough

While recycling has become accepted as part of life in the 21st century, many of us still think only in terms of dropping our plastic drink containers into the blue barrels or dropping off a load of bottles to the recycling center. Although huge (according to Sara Melnicoff, 8,000 aluminum and plastic drink containers were picked up from the Moab ball park in one season) this is only the tip of the iceberg, a 160-200 ton iceberg of garbage that ends up in the Klondike Landfill every week. What can you do to recycle as much of your trash as possible?



The first place you might look is to Bob's Sanitation, the company that Moab City and Grand County contract with to pick up your curb-side garbage. That garbage is hauled to the transfer station on South Highway 191 where it is sorted. Aluminum, steel and corrugated cardboard are pulled from the waste. Bob's Sanitation sells the aluminum and steel which may be rebirthed as new cans or engine parts in the case of aluminum and rebar or I-beams in the case of steel. The cardboard is taken to Canyonlands Community Recycling Center where it is baled and sold to Rocky Mountain Recycling in Salt Lake City (or whoever is buying at the time). The rest of your trash is then hauled to the Klondike Landfill which is operated by Grand County Solid Waste Management Special Service District No. 1.

Unless you are a pretty unusual consumer, that leaves most of your trash going to the landfill. You might next look to the Canyonlands Community Recycling Center (CCRC) at 1000 East Sand Flats Road. You can deliver your sorted waste to them between 8:00 a.m. and 5:00 p.m. Monday through Saturday. They take aluminum and steel cans, corrugated cardboard, glass (clear, green, and brown), newspaper, office paper, plastic (1-7) and clean styrofoam. The Recycling Center has been in operation since 1991 with the mission of "empowering the Moab Community to reduce, reuse and recycle." On July 1, 2010, CCRC became part of the above mentioned Solid Waste District. In addition to their mission, CCRC now has the goal of diverting 15% of the community's waste from landfills by 2015.

If you don't want to deliver your

own recyclables to CCRC, you can contract with Green Solutions, a local non-profit company, to pick up your recyclables once a week. They provide you with a bin, sort your recyclables and deliver them to CCRC for \$10.00 a month. Anything that is accepted by CCRC will be picked up by Green Solutions. Owned and operated by Chad Neihaus and Collin Topper (259-1088), their business may be your solution whether you are a commercial or residential customer.

Now, you've taken a big chunk out of your contribution to the landfill. To go one step further, on the third Saturday of the month from 8:00 a.m. to 1:00 p.m., you can recycle card stock, non-corrugated cardboard, magazines and catalogs in the post office parking lot. A family-owned company from Provo picks up paper waste and shreds it for insulation. There shouldn't be any food in the cereal boxes, etc. for obvious reasons.

Your clothes, household appliances, furniture, games, books, sporting goods, construction materials, almost anything with life left in it can be taken to one of the Wabi Sabi Thrift Stores. The Triftique at 411 Locust Lane takes collectibles, sporting goods, clothing, accessories and books from 10:00 a.m. to 7:00 p.m, while the Warehouse at 1030 Bowling Alley Lane accepts building materials, furniture, adult and children's clothing, toys, work clothes, electronics and books from 9:00 a.m. to 6:00 p.m.

Wabi Sabi is more than your typical thrift shop. It is a distributor for many reusable products. For example, the Lions Club has long collected glasses, which when fitted with new lenses, can give sight to a needy child or adult. Taking the glasses to Wabi Sabi is probably a lot easier than tracking down a Lion's Club member and yet, the glasses end up in the same place. They pass on towels to the Human Society of Moab to line dog and cat crates and cages. Clothing not sold in Moab may end up in homeless shelters in Salt Lake City and Denver. Printer cartridges are picked up by Kerry Lange of Desert West Office Supply for refilling. Even electronics will be reused or recycled as much as possible.



If you should end up with a dead car on your lot, you can call Ivan's Auto Recycling at 259-8506. David Hawks, owner of the facility on South Highway 191, will pick up your clunker for free and recycle it properly.

He is licensed to dismantle the cars and crush them after pulling mercury switches and batteries. It is critical to recycle the mercury from the switches rather than let it get air bourn when the rest of the metal is crushed and melted down. He recycles 125 tons of metal a month. He also separates out aluminum, which he says takes six times more energy to produce than steel and one sixth the energy to recycle. David pays per ton for ferris metals like steel and iron and per pound for non-ferris such as copper, brass, and aluminum.

Since I moved here in 1975 two traditions have flourished in Moab--pot luck's and yard sales. What is a yard sale, if not a recycling center? It changes locations, but it is a great way to give your trash a chance to be someone else's treasure.

Finally, you have mown the lawn, clipped back the hedge and weeded the garden. The obvious way to recycle these materials, plus kitchen scraps, is to compost them. For Moabites there isn't any choice but to do your own composting. Fortunately, it is easy and rewarding, and a good topic for next month's article on sustainable living.



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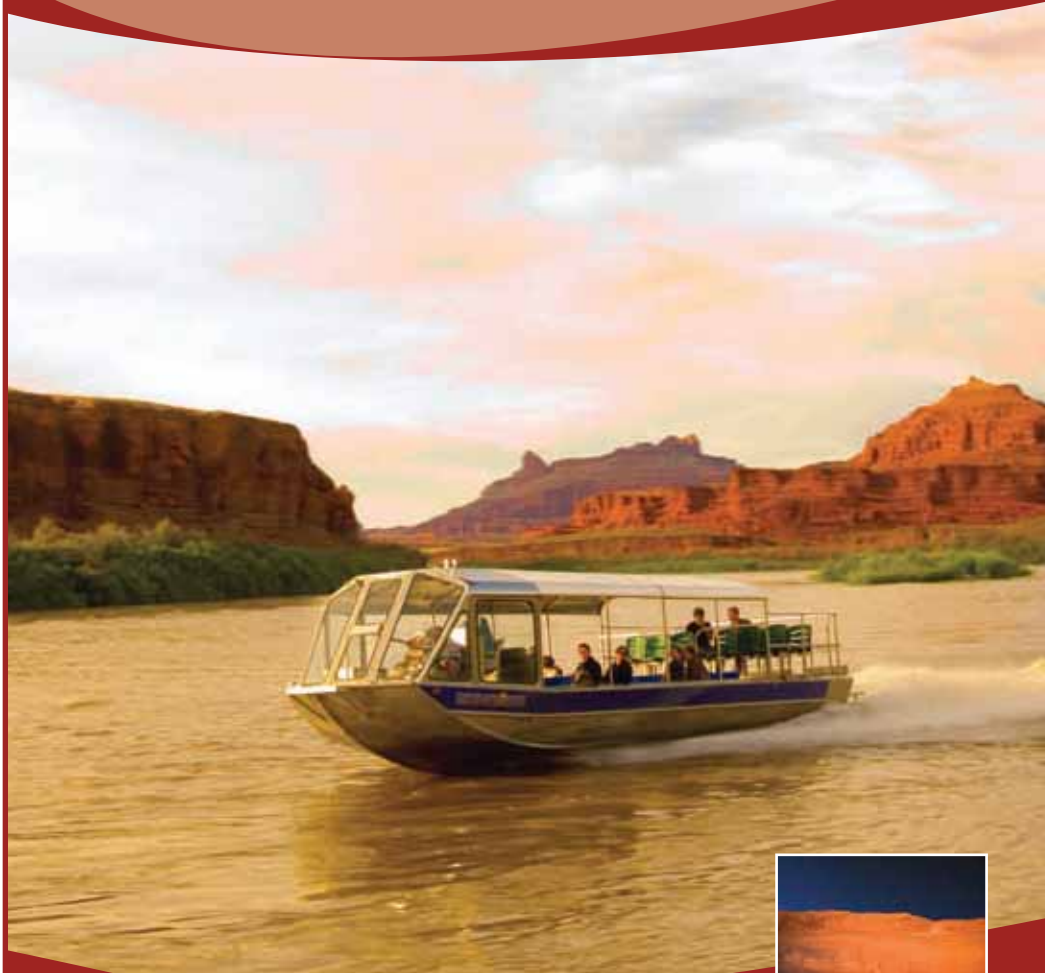


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Volume 23 Number 6

Section B

September 2011

Skydive Moab is hosting its 8th annual Skydiving Festival! Sept 21 - 25, 8 AM to Sunset

Clint MacBeth opened Skydive Moab's doors in November of 2003. Clint, with over 17 years skydiving experience and 6000+ skydives, has always wanted to own his own skydiving center. BASE-jumping brought Clint to Moab a few winters past and the wheels started turning, the next thing you know, Skydive Moab was born. It is the original skydiving center in Moab and now has over 20,000 plus skydives under it's belt.

Right now, they are a small skydiving center, catering mostly to tandem jumpers and the occasional experienced skydiver passing through Moab. Despite the size of the



one of the busiest skydiving centers in the world, to hold the 8th Annual Skydiving event on Wednesday, September 21 - 25, 2011. In addition to being a fun acronym, we really want this boogie to live up to its name. Skydive Arizona will bring their 2 massive planes, the 23 passenger Skyvan and Twin Otter both turbine, multi engines and additional event staff for organizing and



manifesting.

Tandem skydives will be discounted to only \$235 for the weekend with locals receiving and additional 20% off! After enjoying a 20-minute scenic flight, first time jumpers will exit the aircraft at 13,000 feet above the ground and free-



dropzone (or maybe because of) both first-time and veteran jumpers alike, leave with an experience to remember! Skydive Moab offers a welcoming atmosphere and some of the most unique scenery in the country for jumpers to enjoy! The landscape offers one of kind opportunities for adventure that we think will take the sport to the next level.

Now, after 7 very successful years of holding the 'Mother Of All Boogies' (M.O.A.B.) skydiving event, Skydive Moab is again teaming up with Skydive Arizona,

fall for almost a minute before the instructor deploys their parachute. During the free-fall they will reach speeds of up to 120 mph and will be falling at 174 feet per second. That's almost 6 seconds every thousand feet! After the instructor pulls the ripcord at 5000 feet, the parachute opens and student and instructor float gently back to earth. During the 5-7 minute canopy ride the pair will again experience the beauty of the Colorado River, Dead Horse Point, Castleton Tower, Arches and Canyonlands National Parks and so much more! If you haven't seen Moab from a birds-eye-view, you haven't really seen Moab!

During the four-day festival, jumping will take place at the Moab Airport, located just 15 minutes north of the Colorado River. So, whether you want to make your first skydive or just want to enjoy lunch under a sky full of brightly colored canopies, come out and share in the excitement!

For more information go to www.SkydiveMoab.com or call 435-259-JUMP

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SKY HAPPENINGS

The Sky for September 2011

By Faylene Roth

SUNRISE

AND SUNSET TIMES

(The time of sunrise and sunset assumes a flat horizon. Actual time may vary depending upon the landscape.)

DATE	SUNRISE	SUNSET
1	6:47am	7:48pm
2	6:48am	7:47pm
3	6:49am	7:45pm
4	6:50am	7:44pm
5	6:51am	7:42pm
6	6:52am	7:41pm
7	6:53am	7:39pm
8	6:53am	7:38pm
9	6:54am	7:36pm
10	6:55am	7:35pm
11	6:56am	7:33pm
12	6:57am	7:31pm
13	6:58am	7:30pm
14	6:59am	7:28pm
15	7:00am	7:27pm
16	7:00am	7:25pm
17	7:01am	7:23pm
18	7:02am	7:22pm
19	7:03am	7:20pm
20	7:04am	7:19pm
21	7:05am	7:17pm
22	7:06am	7:15pm
23	7:07am	7:14pm
24	7:08am	7:12pm
25	7:08am	7:11pm
26	7:09am	7:09pm
27	7:10am	7:08pm
28	7:11am	7:06pm
29	7:12pm	7:04pm
30	7:13pm	7:03pm

View the Andromeda Galaxy with the unaided eye. Andromeda, the Constellation, is formed by two bent lines trailing off the lower right corner of the Great Square of Pegasus in the eastern sky. Count two stars away from the corner on the top line, then two stars up at a right angle. Andromeda, the Galaxy, appears as a faint, fuzzy ball above and to the right of the top star.

MAJOR CONSTELLATIONS OF SEPTEMBER

Overhead

- Aquila
- Cygnus
- Lyra

Northward

- Cassiopeia
- Cepheus
- Draco
- Ursa Major
- Ursa Minor

Eastward

- Andromeda
- Aquarius
- Pegasus
- Perseus
- Pisces

Southward

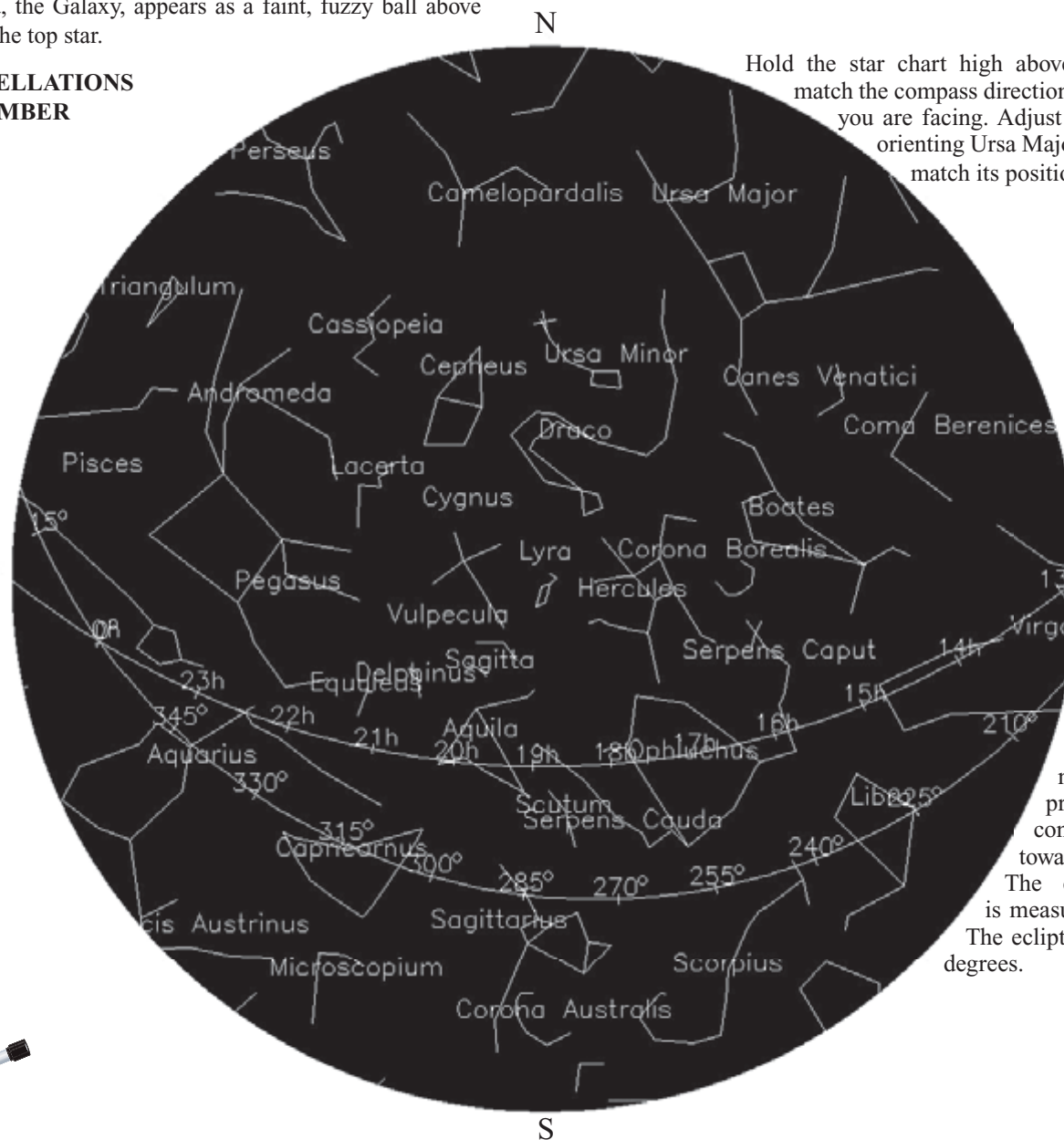
- Capricornus
- Sagittarius
- Scorpius

Westward

- Bootes
- Corona Borealis
- Hercules
- Libra
- Ophiucus



Moab UT (at City Hall)
 38°34' N Latitude - 109°33' W Longitude
 4048 ft - 1234 m Elevation



Hold the star chart high above your head and match the compass directions to the direction you are facing. Adjust the star chart by orienting Ursa Major (Big Dipper) to match its position in the sky.

The star chart approximates the sky from astronomical twilight to midnight. As the night and month progresses, the constellations shift toward the northwest. The celestial equator is measured in hours (h). The ecliptic is measured in degrees.

AUTUMNAL EQUINOX

An imaginary line called the ecliptic traces the path of the sun across the sky relative to the background stars. Earth's orbit around the sun creates the seasons because the equator is tilted from the plane of the ecliptic at an angle of 23.5 degrees. An extension of Earth's equator into the celestial sphere creates the celestial equator. The fall equinox occurs at the point in the earth's orbit where the plane of the ecliptic intersects the celestial equator.

Neither the northern hemisphere nor the southern hemisphere tilts towards the sun on the equinox. As a result, the direct rays of the sun fall perpendicular to the equator. Sunrise will be due east and sunset will be due west. The autumnal equinox occurs September 23 at 3:05am MDT. At that point the sun will appear directly overhead at 180 degrees E/W longitude—a line running through the eastern tip of Siberia south through the western Pacific Ocean. The length of day and night should be equal, but according to the sunrise/sunset table, day length is seven minutes longer on September 23. This occurs because the atmosphere refracts sunlight around the curvature of the Earth. At sunrise we see the sun before it reaches a horizontal plane with where we are standing. At sunset we continue to see the sun after

it dips below the horizon. On September 26 the sunrise/sunset table does show equal periods of day and night. By this time, the days are actually shorter than the nights.

Note: Apparent magnitude values range from -4 to +6 for most planets and visible stars. The lower the value the brighter the object. A decrease of 1.0 magnitude is 2.5 times brighter.

Primary Sources:

USGS; U.S. Naval Observatory; Your Sky at <http://www.fourmilab.ch/yoursky/>

To find out when the space shuttle and International Space Station are visible from your location, go to: <http://spaceflight.nasa.gov/realdata/sightings/index.html>

DAYLENGTH

The evening sky darkens rapidly this month as summer twilight fades nearly two minutes earlier each day. By month's end the period of daylight from sunrise to sunset will be less than 12 hours. Civil twilight extends about one-half hour past sunset. Nautical twilight continues for another 30 minutes with colors and shapes less apparent. Astronomical twilight begins when color and detail disappear from view. Darkness overtakes the sky about 30 minutes later. The reverse progression applies to dawn.

MOON HAPPENINGS

- Sept. 4** – First Quarter Moon sets soon after midnight.
- Sept. 12** – Full Moon occurs at 3:27am and rises at 7:23pm.
- Sept. 20** – Last Quarter Moon rises shortly after midnight.
- Sept. 27** – New Moon occurs at 5:09am.

(The time of moonrise and moonset assumes a flat horizon. Actual time may vary.)

METEOR EVENTS

No major meteor showers occur in September, but there is still significant sporadic meteor activity. Most meteor showers originate in regions dense with particles left in the wake of comets. Sporadic meteor events are the result of random distribution of debris from interplanetary collisions within the solar system. These meteors may appear in any region of the sky and vary in size, color, and speed. If you see a fireball or a bolide, look up The American Meteor Society web page. It tracks these rare sightings. Fireballs are brilliant meteors of -4 magnitude, as bright as Venus. Bolides are meteors that end in an explosion. Make note of the time, location, brightness, color, duration, distance traveled, compass direction, angular elevation, and its track across the sky relative to background stars and constellations. The AMS website provides a reporting form.

Note: Apparent magnitude values range from -4 to +6 for most planets and visible stars. The lower the value the brighter the object. A decrease of 1.0 magnitude is 2.5 times brighter.

**You can pick up
Moab Happenings
in Salt Lake City!**

Utah Travel Council
Salt Lake City Visitor Center
AAA
REI
Coffee Garden
Tower Theatre
Whole Foods
Taylor Bike Shop

VISIBLE PLANETS

Jupiter - Look for Jupiter in the eastern sky a few hours after sunset. It remains in the sky throughout the night and will be seen in the western sky at morning twilight. Jupiter can be found east of the Great Square of Pegasus. It moves from Aries into Cetus this month. (Magnitude -2.7)

Mars - Look for a small, but bright, red disk south of the twin stars of Gemini. Mars does not rise until after 2:00am. It is high in the eastern sky by morning twilight. (Magnitude +1.2)

Saturn – Unlikely to be seen without a wide view of the western horizon from a high vantage point. Look for it about 30 minutes after sunset. Follow the arc of the handle of the Big Dipper to bright Arcturus in the western sky. Continue a steep arc down to Spica—the next bright star—in the constellation Virgo. Saturn appears to the right of Spica and is brighter. It will definitely be out of view by month's end. (Magnitude -0.8)

Note: Hold your hand at arm's length to measure apparent distances in the sky. The width of the little finger approximates 1.5 degrees. Middle, ring, and little finger touching represent about 5 degrees. The width of a fist is about 10 degrees. The fist with the thumb extended at a right angle equals 15 degrees. The hand stretched from thumb to little finger approximates 20-25 degrees. The diameter of both the full moon and the sun spans only 0.5 degree. Adjust for the size of your hand.

MUSIC FESTIVAL HAPPENINGS

You never know what exciting things you'll find at the Moab Music Festival!
Audiences will take a tour of many worlds, many generations and many genres of music:



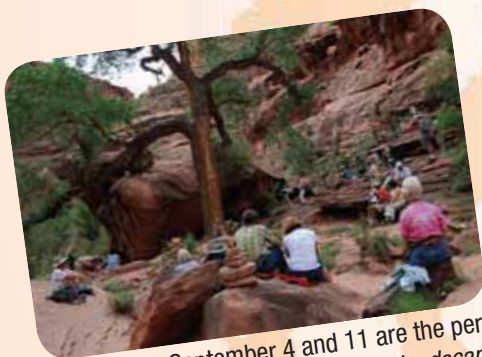
New artist and filmmaker of the YouTube hit *The Cello Case*, Nicholas Canellakis performs on September 2,3,8,9,11 & 12



Sorrel River Ranch Hosts Chamber Music on September 9 and Marco Granados and the Latin Jazz All-Stars on September 10.



Pianist Michael Boriskin joins Michael Barrett on *The Rite of Spring* in Star Hall on September 2



Music Walks on September 4 and 11 are the perfect way to enjoy music in concert with the landscape.



Tanya Tomkins performs at a House Concert.



Festival Artist-in-Residence Christopher Layer will perform on the September 11 Music Walk with Paul Woodiel.



David Amram



Red Cliffs Adventure Lodge will host Composer in Residence David Amram on September 3 and The Punch Brothers September 4.



Punch Brothers



What does the Moab Music Festival do for *your* community?

- Raise money for music education in Grand County
- Free school assemblies for all Grand County Public Schools.
- Donate tickets to local businesses for auctions & drawings.
- Provides a unique experience to hear world-renowned musicians in your hometown
- Provides free events for music lovers of all ages.
- Stimulates the local economy by attracting patrons from around the world.



Official Airline of 2011 Moab Music Festival

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

19th Annual M•O•A•B MUSIC FESTIVAL

September 1 - 12, 2011

<p>4</p> <p>Classical Musical Walk 9:00 am</p> <p>Punch Brothers Red Cliffs 6:00 pm</p>	<p>5</p> <p>Rocky Mountain Power Family Picnic Concert Old City Park 2:00 pm</p>	<p>6</p> <p>Ranch Concert Private Ranch 5:00 pm</p>	<p>7</p> <p>House Concert Private Home 5:30 pm</p>	<p>8</p> <p>Grotto Concert Colorado River 12:00 Noon</p>	<p>9</p> <p>Open Rehearsal Conversation Star Hall 11:00 am</p> <p>Chamber Music at Sorrel Ranch Sorrel River Ranch 6:00 pm</p>	<p>10</p> <p>Latin Jazz All-Stars Sorrel River Ranch 6:00 pm</p>
<p>11</p> <p>Traditional Musical Walk 9:00 am</p> <p>Closing Night Star Hall 7:00 pm</p>	<p>12</p> <p>Grotto Concert Colorado River 12:00 Noon</p> <p>Musical Raft Trip Colorado River Sept 12 - 15</p>	<p>Tickets on sale now! www.moabmusicfest.org 58 E. 300 South 435.259.7003</p> <p>GEORGE S. AND DOLORES DORÉ ECCLES FOUNDATION ZIONS BANK</p>				

music in concert with the landscape

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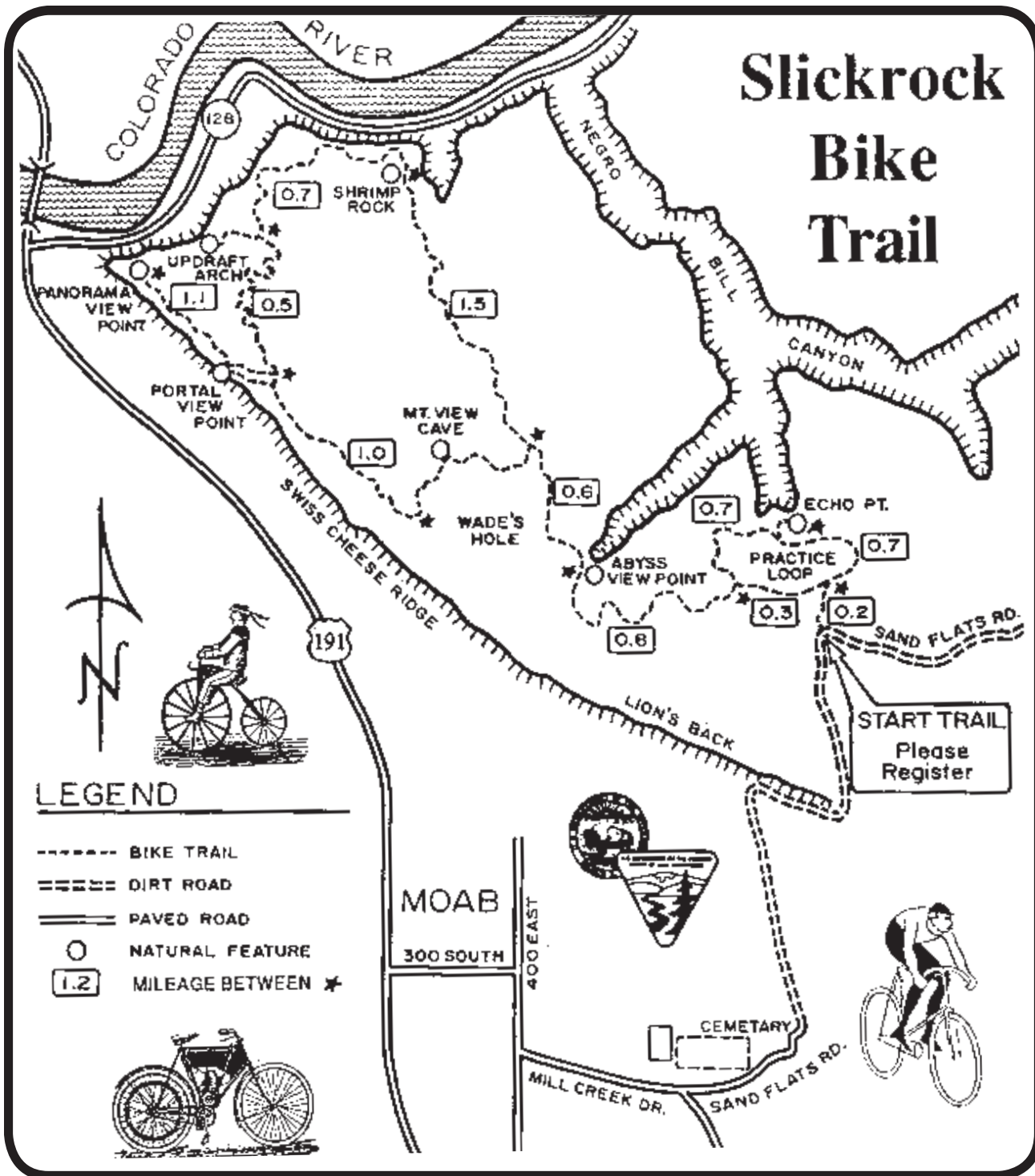


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MOUNTAIN BIKING



Mountain Biking Mecca

• MOAB CENTURY TOUR September 16-18, 2011
 This annual event is a weekend packed with road cycling benefiting the Moab Cancer Treatment and Resource Center and other cancer survivorship Programs. Time trials, pasta dinner, warm up and recovery rides complement the main cycling event Saturday over the famous La Sal Loop Road. Rolling and Climbing Routes ranging from 42 to 100 miles on this fully supported road cycling tour. Visit www.skinnytireevents.com or 435.259.2698.

• OUTERBIKE October 5-9, 2011 - Outerbike Demo Days: October 7-9 For three days, the world's best bike manufacturers will be set up at the Outerbike Expo site. You can walk through and see next year's innovations, pick a bike you'd like to try, and take it for a ride. Repeat as needed. There are 20 miles of connected loops that range from fun and easy to technical and gnarly, and a paved bike path leading to two National Parks for road rides. Your \$150 registration fee buys you lunch, shuttled rides, prizes, movies, parties, and beer! Outerbike Guided Rides and Clinics: October 5-6 Show up before the Demo Days and join us for guided rides and clinics that will range from the Whole Enchilada---an all day epic, to the new Intrepid Trails that even your kids would love. Sign up for these rides when you register for Outerbike Demo Days. Outerbike proceeds go to IMBA and the Moab Trails Alliance.

• 24 HOURS OF MOAB October, 2011 - An endurance team race which is growing in popularity with each year. The four-man teams ride a rugged course approximately 12 miles south of Moab called the Behind the Rocks area. Produced by Granny Gear Productions. A world-class event that draws teams from all over the world. There is a field limit of 450 teams plus solos and the race books up faster every year, so get your team entered early. Don't miss this incredible race!

• MOAB HO-DOWN Mountain Bike Festival - October 27, 28, 29, 30, 2011 Presented by Chile Pepper Bike Shop - this festival includes mountain bike races, dirt jump competition, townie tour, costume party, movies at Star Hall and loads of fun! Please call 435-259-4688 or visit www.moabhodown.com for more information.

• SKINNY TIRE FESTIVAL March, 2012
 Three rides of the Skinny Tire Festival highlight Moab's different road riding opportunities. The first day follows the mighty Colorado River corridor downstream passing by ancient Puebloan petroglyphs. The next two days leave the valley and climb the beautiful canyon roads into red rock country to Dead Horse Point State Park and through Arches National Park. Channel the energy of riding through this grandeur of Moab's canyon country by putting purpose behind your cycling. This event raises funds for cancer survivorship programs. For more information contact (435) 259-2698 or visit www.SkinnyTireEvents.com.

• 3RD ANNUAL GRAN FONDO MOAB May, 2012
 The Gran Fondo Moab will be emulating an old Italian tradition. We will be riding the most spectacular mountain pass in the Manti-La Sals, widely known as the Loop Road. We will start and finish in the beautiful red rocks of Moab and will climb over 5000 feet in 64 miles. This event will not be run as a sanctioned race, as a majority of the riders will be participating for the enjoyment of riding a signed route through beautiful scenery with their friends and teammates. That said, as any serious cyclist knows, there is also satisfaction with not only completing an epic ride but with comparing your times with other riders afterward.

Moab has become known worldwide as a mountain biking mecca. The canyon country around Moab offers some of the most unique and varied landscape on earth, from 13,000 foot peaks and high alpine meadows to high desert vistas above the sandstone canyons. Varied terrain and spectacular scenery bring riders from all over the world to Moab to try the trails. One of the most famous and popular is the Slickrock Trail. This trail is 12 miles of moderate-to-difficult riding on Navajo sandstone, located a few minutes from Moab. There are many other trails and old jeep roads in the area which provide a complete variety of mountain biking challenges. Several companies in the area can provide rentals and information.

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TRAIL HAPPENINGS

Trails of Autumn

by Kristi Jensen

Autumn in Moab brings yellows, oranges and fiery reds to the mountains, as the aspens and oaks change their hues. Unlike most mountain towns, the cool temperatures of fall only open up more trail opportunities as the desert loses its heat.



Tourists come to Moab to enjoy its wonderful selection of trails both in the mountains and the desert valleys. They hang out with their pals, and look forward to one great day after another in beautiful places on really fun trails. The visitors will feel physically depleted yet rewarded as they later enjoy their favorite beverage at camp, watching the sunset and planning their next adventure.

In Moab, there are temperature seasons and tourist seasons. As the stoic monochromatic green mountain sentries change to the brilliantly colorful autumnal guardians, it is so with the visitors and their gear. Life jackets, swimsuits and sandals are exchanged for hiking boots, or helmets and body armor. In the autumn, the snow free mountains and cool desert beckon a whole new wave of biking enthusiasts determined to ride the epic Whole Enchilada Trail from Burro Pass 26 miles down to Hwy 128, (the River Road). To drool over the menu for the Whole Enchilada Trail, please refer to the August 2011 Moab Happenings article, (available on line). Hikers and equestrians also flock to the mountains to enjoy the canopy of yellow aspen leaves blushed with red. After a quiet summer of high altitude hiking or horse riding, one should expect a flurry of mountain bike activity on the Burro Pass trail and around Warner Lake in the La Sal Mountains. A storm of biking energy bursts forth before the white blanket hush of the winter hides



all of the trails and initiates a retreat to a quieter time.

While the peaks sleep under a blanket of snow, there is still plenty of biking and hiking to be had down in the desert. Moab has some great new trail additions to the already awesome classics. Local organizations and volunteers, under the auspices of the Trail Mix Committee, have been busily making new singletrack trails. A new gem, the Pipe Dream is the perfect townie ride or hike. This twisty, turny, technical trail is located below the Moab Rim and can be ridden right from town or favorite bike shop. Trail heads are located at Hidden Valley in the south, (off of Rim Rock road), Jackson Street, and Aspen Street on Doc Allen Drive at the north end.

Another proud achievement is the birth of the Magnificent 7 Trail System near Gemini Bridges. Similar to the Porcupine Rim/Whole Enchilada Trail, the Mag 7 starts at elevation, (off of Hwy. 313), and ends up at the Colorado River, requiring a shuttle to the trailhead. This system includes singletrack segments that generally parallel the Gemini Bridges road. The sections include Bull Run, Arth's Corner, and Little Canyon Singletrack. These trails lead into the much tougher Gold Bar and Portal singletrack trails after following a series of jeep roads like the Golden Spike. Alternatively, one can

exit the Mag 7 System at any point and return to the Gemini Bridges road. Follow the road down to Highway 191. Cross Hwy.191 utilizing the paved path underpass that flows into the Bar M - MOAB Brands Bicycle Focus Area. Great new trails await the rider in the Focus Area. If you are coming from the Gemini Bridges Area, check your energy and water levels and perhaps you will enjoy some of the Brand Trails on the way back to Moab. The Lazy or EZ Trails could be ridden to Deadman's Ridge. The Deadman's Ridge Trail connects to the new paved bike path where you can continue your ride across the Colorado River bridge and back into Moab. While the Lazy and EZ speak for themselves, and are relatively easy, Deadman's Trail is a technical delight. Also new in the Brand Trails area, one will find the



difficult Long Branch Trail, and the easier Rusty Spur Trail, and later in the fall the not quite finished North 40 Trail will welcome intermediate riders. (North 40 closed at this time). The Bar M - MOAB Brands trails are a perfect area for the whole family.


Want even more new bike trails? Check out the new EKG and Little Salty Trails in the Klondike/Baby Steps area north of Moab. Like the name indicates, this is an aerobic workout on slickrock.



About the author: Kristi Jensen is an owner of the Coyote Shuttle Company. She is an active member of the Trail Mix Committee and enjoys riding and hiking whenever she gets a chance. Kristi says "I often turn green with envy as I shuttle mountain bikers and hikers to our awesome trailheads. During the season, all I end up with is shuttle butt, a not too attractive result of too much driving."

Trail Mix is an advisory committee to Grand County in the development and maintenance of non-motorized trails. The committee represents non-motorized users including bikers, hikers, equestrians, and skiers. Many government agencies and private citizens make up the "mix" that makes this group work so well. Come join us on the 2nd Tues. of each month from 12-2 at the Grand Center (500W. 182 N.). Everyone is welcome. Contact Sandy Freethey 259-0253 or find us online at www.grandcountyutah.net/trailmix/. You may also reach us at moabtrailmixinfo@gmail.com.






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MOAB CENTURY TOUR

Moab Century Tour

River! Canyons! Mountains!

It's that time of year when roadways become a sea of spandex with brightly colored cyclists touring the Moab area on road bikes. The Moab Century Tour kicks off Friday September 16th offering a weekend of two wheeled touring for locals and visitors. A thousand people will depart from Archway Inn Hotel Saturday morning to cycle the La Sal Loop road, scenic Highway 128, Hwy 279, Hwy 313 or the Moab Canyon Bike Path.

The ten year event has new twists and turns to keep returning cyclists excited. A new century route (100 mile ride) along the newly paved Moab Canyon Bike Path to Dead Horse Point State Park has locals excited. "Riding the new bike path has become one of my favorite rides; it is scenic, challenging, and far enough from the road that the ride is quiet", says a local rider. A favorite for many will be the option to be timed using a Pro-Chip timing device. Watch out Pro Challenge, here they come!

Not just locals attending this event, of course, newcomer Ami is bringing friends from New York City for this epic ride. "I've decided to do the century but living in Manhattan, we don't get a chance to train for hills, so we decided to ride the Moab Canyon Century to Dead Horse Point State Park. I'm not sure what is more exciting, riding over something you call 'cattle guards' or riding to a place with the word "dead" in its title. It's got all of us quite excited". Some of his friends will ride the "Rolling down the River Cruise", [Hwy 279] ---where cyclists ride an easier, gentler route ideal for Cruiser bikes, families, and kids. Riding past towering sandstone cliffs with Ancient Puebloan petroglyphs and rock climbing enthusiasts hanging from above, our East Coast friends



are bound to enjoy Moab's version of "Wall Street." Alternatively, the ride over the LaSal Loop is a climb worthy of a cycling resume. The Z Team--Zions Bank Cycling Team will return with 32 roadies to challenge the loop road including the small but mighty section gaining 3,000 feet in only seven miles and nicknamed "the Big Nasty", which offers a level of accomplishment rarely felt at other century rides. The rewards are immeasurable with soul stopping views of Castle Valley on the descent.

Although Moab has challenging landscapes upon which to cycle, this land does something else too. It inspires. Team in Training, the world's largest sports endurance-training program, is bringing 154 riders who use this event to raise funds for the Leukemia & Lymphoma Society. "In addition to what Team in Training accomplishes, Skinny Tire Events benefits the local Moab Cancer Treatment and Resource Center--located in the Moab Regional Hospital and serving our local community", says Event Director/Founder and local resident Mark Griffith. "Cancer seems to touch everyone eventually; if we can create an event where people feel inspired to live life more fully in spite of challenges, we say job well done". One of three road cycling events organized yearly, Skinny Tire Events has attracted cyclists to Moab for eleven years who have donated over \$2m for cancer survivorship and research programs; \$110,000 of which was designated to the Moab Regional Hospital. "We have an amazing hospital with quality medical care and facilities to serve the needs of cancer situations; it is a privilege to align our fundraising efforts with the needs of our local community—we advocate keeping the donation dollars local", suggested Beth Logan, Skinny Tire Events.

Speaking of locals, Grand and San Juan County residents are encouraged to ride and can get discounts or

free registration for volunteering (ask us how!). Route options vary from 40 to 100 miles with varying elevation change from "easy" to "OMG". The event is a collaboration among sponsoring Moab businesses, law enforcement, and local cyclists. Check website for more information, www.skinnytireevents.com or call 259-3193.

Why Should You Ride This Year?

1. Great Local Discounts
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 3. New Routes From Easy to Challenging
 4. Great Food, Music, and Support By Local Businesses
 5. Because You Can!
- SHARE THE ROAD! Expect cyclists on area roads, Saturday, September 17th



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	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
7:00		KZMU OVERNIGHT		Art of the Song		KZMU OVERNIGHT		7:00	
8:00	Native Spirit	DEMOCRACY NOW						Desert Diva	8:00
9:00		MOAB Morning Blend						Shine Time (Children)	9:00
10:00	Jah Morning Reggae	Moab Mamas (everything)	Amarillo Highway	Tilted Park (Americana Classic Rock)	OddBins	Blue Plate Special (blues/rock)	Trailer Park Companion / Wayward Wind	10:00	
11:00						The Trading Post (call-in Buy/Sell)	Ain't Live Grand? (live recordings)	11:00	
Noon		It's My Party/ The Skye's the Limit (rock-blues-unreleased)	radio mmm... (Classic Indie)	Horizon Line	Random Toonage	1-2-3 (funky world soul)	Belagaana Review (fruit and nuts)	Noon	
1:00	Grass is Greener (Bluegrass)	Radio Mundial Radio MOONDial	Planet Picante (latin)	A Little Bit of This and a Lil' Bit o' Dat	Red Rock 'n Blues	Fire on the Mountain	Tween Time (pre-teen fun)	1:00	
2:00			WORLD MUSIC					2:00	
3:00			SoundThing/ Uncle Meat's Mystery Show	MOAB Drive Time	MOAB Drive Time	Free Speech Friday Public Access	Big River / Ranch Exit (twang)	3:00	
4:00	Red Rock Potluck	Ritmo Latino						4:00	
5:00	West of Broadway/ Concert in the Park	This Week in Moab (Interviews / Calendar)						5:00	
6:00		DEMOCRACY NOW						6:00	
7:00	Kokopelli Coffeehouse	Big Swing Face (big band jazz)	Moab City Council/ Atomic Lounge	Thin Edge (jazz)	Rock Garden (rock)	The Rainbow Room /Funky Soul Jam	Main Street Cruise!	7:00	
8:00								8:00	
9:00			MOAB AFTER HOURS					9:00	
10:00		The Sound Lair (Experimental Dance)	Conscious Party	Suburban Urge	Pandora's Box	Altered State	Radio Free Moab (rock 'n roll & punk)	10:00	
11:00	KZMU Overnight							11:00	
12:00		KZMU OVERNIGHT				the eleventh hour	Seti TranceMissions	KZMU Overnight	12:00

KEY: Talk Shows Easy Mix, Jazz Blue Grass, Country, Folk Eclectic/World Rock, Blues Heavy, Hard

HEALTHY HAPPENINGS

SOUTH TOWN GYM

South Town Gym is dedicated to serving the community's needs for fitness training with a professional and friendly environment. More and more people are discovering the benefits of an active lifestyle and are searching for fitness programs that provide more than just a workout. Fitness programs should encourage, motivate, and support each individual.

Personalized training programs will be created and individualized by Fitness Director, Nicholas Oldroyd. Nick is a Certified Athletic Trainer, Personal Trainer, and received a Masters degree in Exercise Science from Utah State University. He is a former trainer for the Arizona Diamondbacks. He and his family are excited to be back in the community where his wife was born and raised.

Our goal is to be the catalyst for change and success in the quality of life for the citizens of Grand and San Juan Counties. We believe that the excellent facility and equipment that we have assembled will help our members to achieve their ultimate fitness goals.

To achieve this the South Town Gym offers:

- 22 State of the Art Cardio Fitness Machines
- A large selection of Free Weights and Cybex Strength Training Machines
- A Private Women's Section
- Tanning Beds
- Functional Training area, Physio balls, Bosu balls, Plyometric, Stability and Agility equipment.
- Spinning Bikes
- 28 Flat Screen TVs
- Mixed Martial Arts Facility
- Dance Studio
- Supplements (Max Muscle)
- Lockers, Showers, and Dressing Room

Here at South Town Gym we believe everyone can improve their quality of life and we will be offering a variety of cardio classes and activities which will help them in this endeavor. We have classes available in Aerobics, Dance Aerobics, Spin Classes and Zumba. We also feature a functional Dance Studio with classes by "Simply Dance" (a variety of dance offerings for children from 3yrs-18yrs).

The South Town Gym is proud to be Moab's center for Mixed Martial Arts. We have a variety classes for ages 5-18 yrs. old. There is Mixed Martial Arts Training for ages 18 and older as well as Women's Kick Boxing.

South Town Gym also sponsors Mixed Martial Arts Events throughout the year. The next event is the Red Rock Rumble IV on September 24, 2011.

We offer daily, weekly, monthly, quarterly, and annual memberships.

Memberships include:

- Use of all exercise facilities (Main Gym, Private Women's Section, Functional Training Area and Mixed Martial Arts Room.)
- Tanning Beds
- Showers and Dressing Rooms
- A Personalized Training Program
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We would love for the community to come in and tour our facilities, meet the staff, and familiarize yourself with our programs. We are located at 1070 S. Highway 191 Moab, UT 84532. We are on the web at: www.moabgym.com. You can contact us at mstg@frontier.com or 435-259-5775 and be sure to mention you read about it in Moab Happenings.



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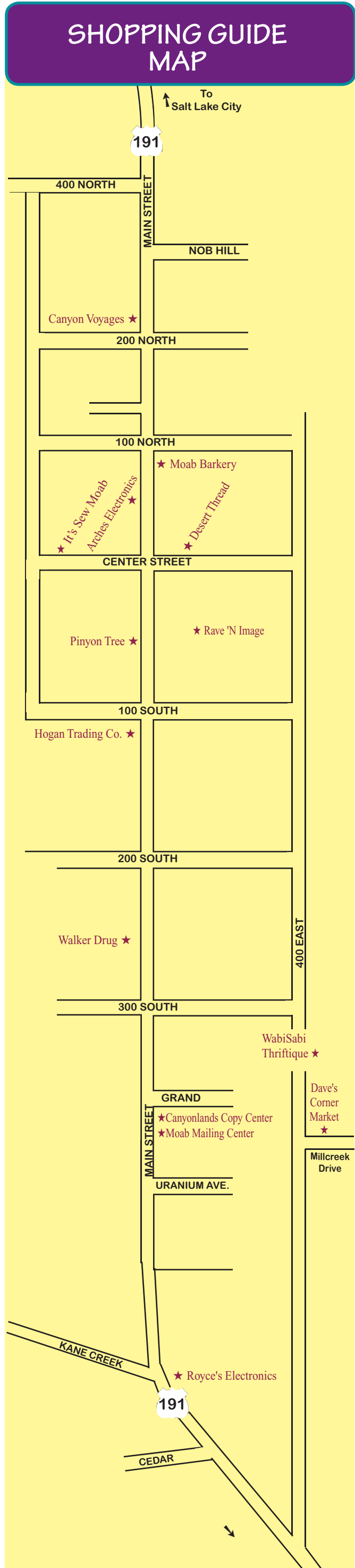


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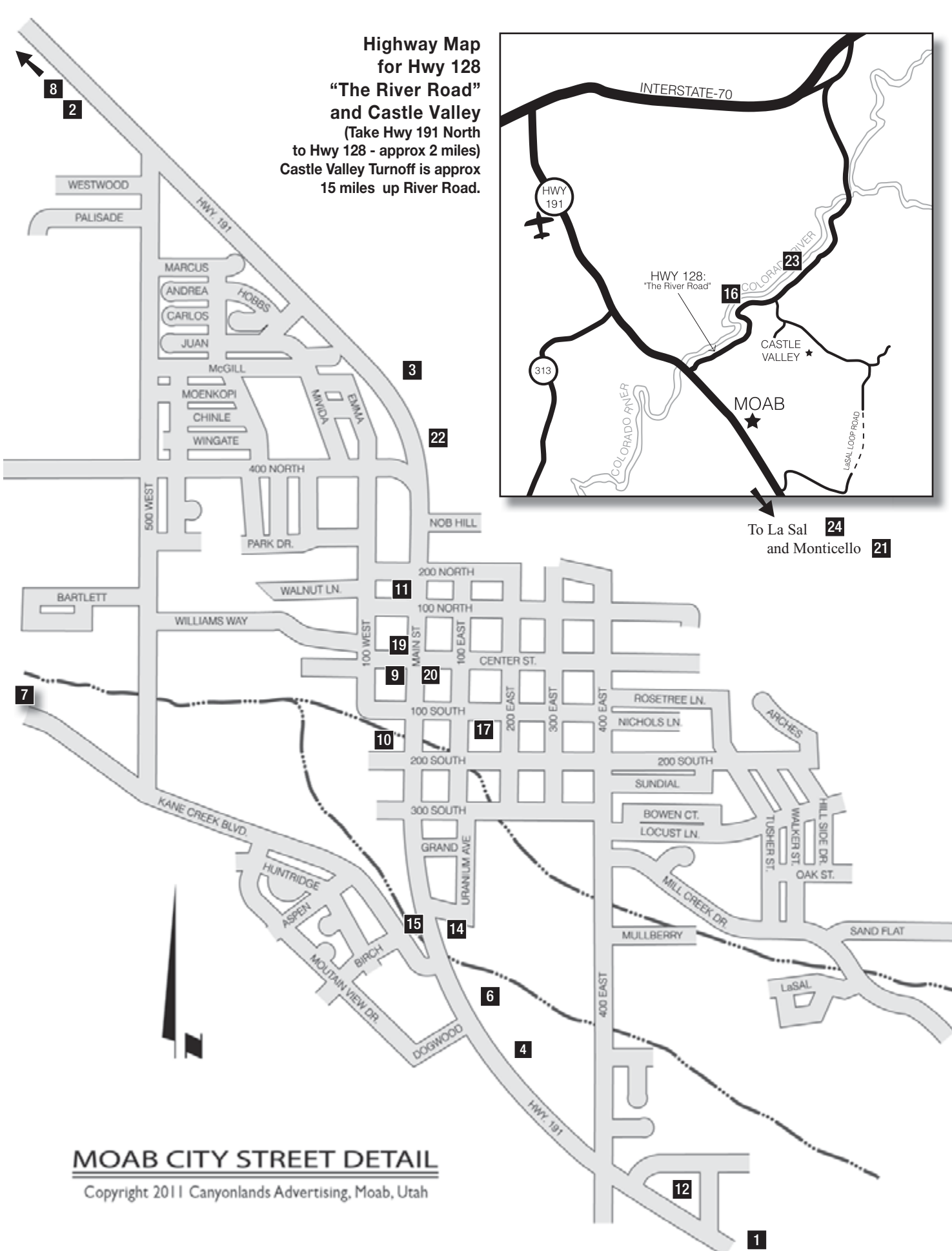
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AROUND MOAB HAPPENINGS

105th annual Green River Melon Days

It's that time of year when the famous Green River melons are available.

On September 16 & 17 – Green River will be celebrating its 105th annual Melon Days.

Events kick off on Friday @ 9:00 am with a 3 man Golf Scramble at the golf course, while many vendors start setting up their wares on the park for the two day event. At 2:00 pm there is a High School Baseball game against Wendover. About 4:30 pm. Softball games will start and be played into the late evening and all day Saturday until they finish – which sometimes could be 1 or 2 in the morning.

Nine lovely young ladies are competing to become the next Melon Queen with a pageant at 7:00 pm Friday evening at the High School.

The evening is topped off with Square Dancers at the City park starting at 7:30 p.m.

Saturday starts off with a 5K Melon/Walk/Run starting at 7:00 a.m. where they will pass by some of the melon fields. A Breakfast sponsored by the Boy Scouts will also be served at the City Park starting at 7:00 a.m. until 9:30 a.m.

The Big Parade will start at 10:00 am. on Broadway and go down Main Street. This year's Grand Marshall is Robert Kirby, a Salt Lake Tribune humor column writer who has been writing for SL Tribune since 1994. His column appears every Monday, Wednesday and Saturday and is closely followed by world leaders. He is the author of nine books. Even though he hasn't won a Nobel or Pulitzer prize he recently ran the Desolation Canyon with Moki Mac Expeditions. He lives in Herriman with one wife, three married daughters and eight grandkids. There was a cat but it died.

Events now go back to the City park where many vendors are set up and Live Entertainment will be held at the City Park starting at 11:30 featuring a live band "Switchback" who plan most of the afternoon.

There will be Duck races in the river at 3:00 pm and also Bands on Broadway in the afternoon and all evening on Broadway Street by the Epicenter.

Square Dancing again in the park at 7:30 p.m.

But most important is the FREE melon – all you can eat at the City Park on Saturday. This is sponsored by our local Melon Growers.



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Moab 101.5 FM

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For the Love of melon

GREEN RIVER melon days 2011
September 16th & 17th

<p><i>Friday</i></p> <ul style="list-style-type: none"> Vendors in the park 12:00 Noon-Dark 3 Man Golf Scramble 9:00 AM @ Golf Course GRHS Baseball Game 2:00 PM VS. Wendover Softball games All Evening @ City Ball Parks Queen Pageant 7:00 PM @ High School LIVE MUSIC Bands on Broadway @ City Park Square Dancing 7:30 PM @ City Park 	<p><i>Saturday</i></p> <ul style="list-style-type: none"> 5K Melon Walk/Run 7:00 AM Scout breakfast in the park 7:00-9:30 AM @ City Park Vendors in the Park All day Parade - 10:00 Grand Marshall: Robert Kirby Entertainment in the Park 11:30 AM featuring Switchback LIVE MUSIC Bands on Broadway All afternoon & evening Duck Races in the River 3:00 PM Softball games All afternoon & evening Square Dancing 7:30 PM @ City Park
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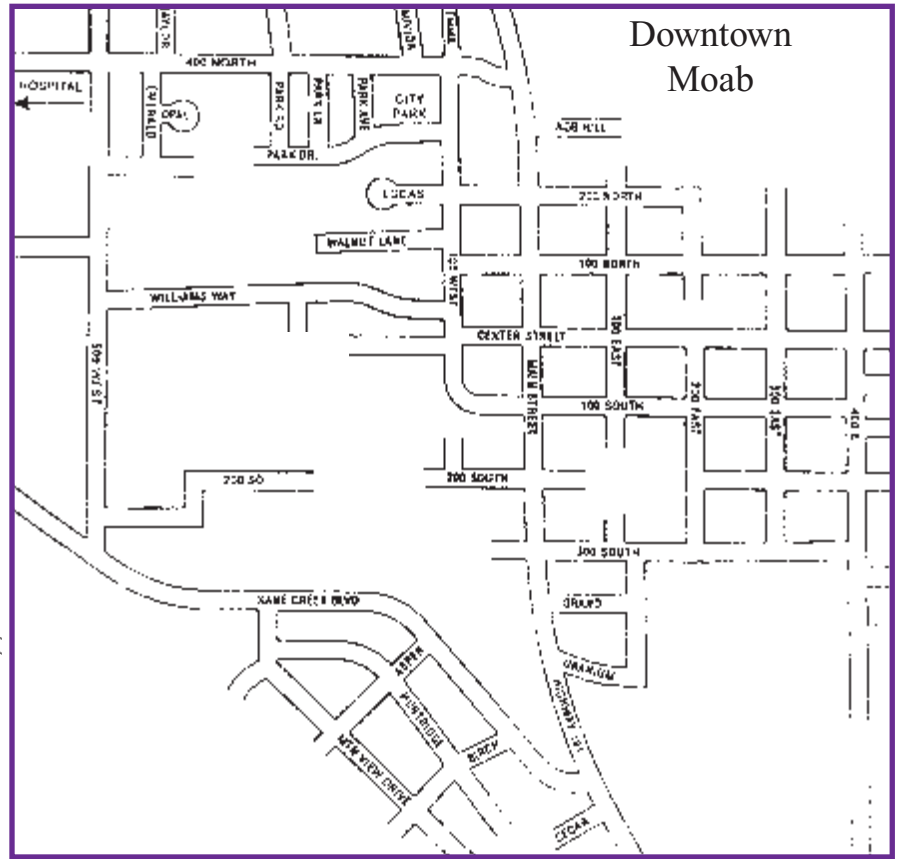
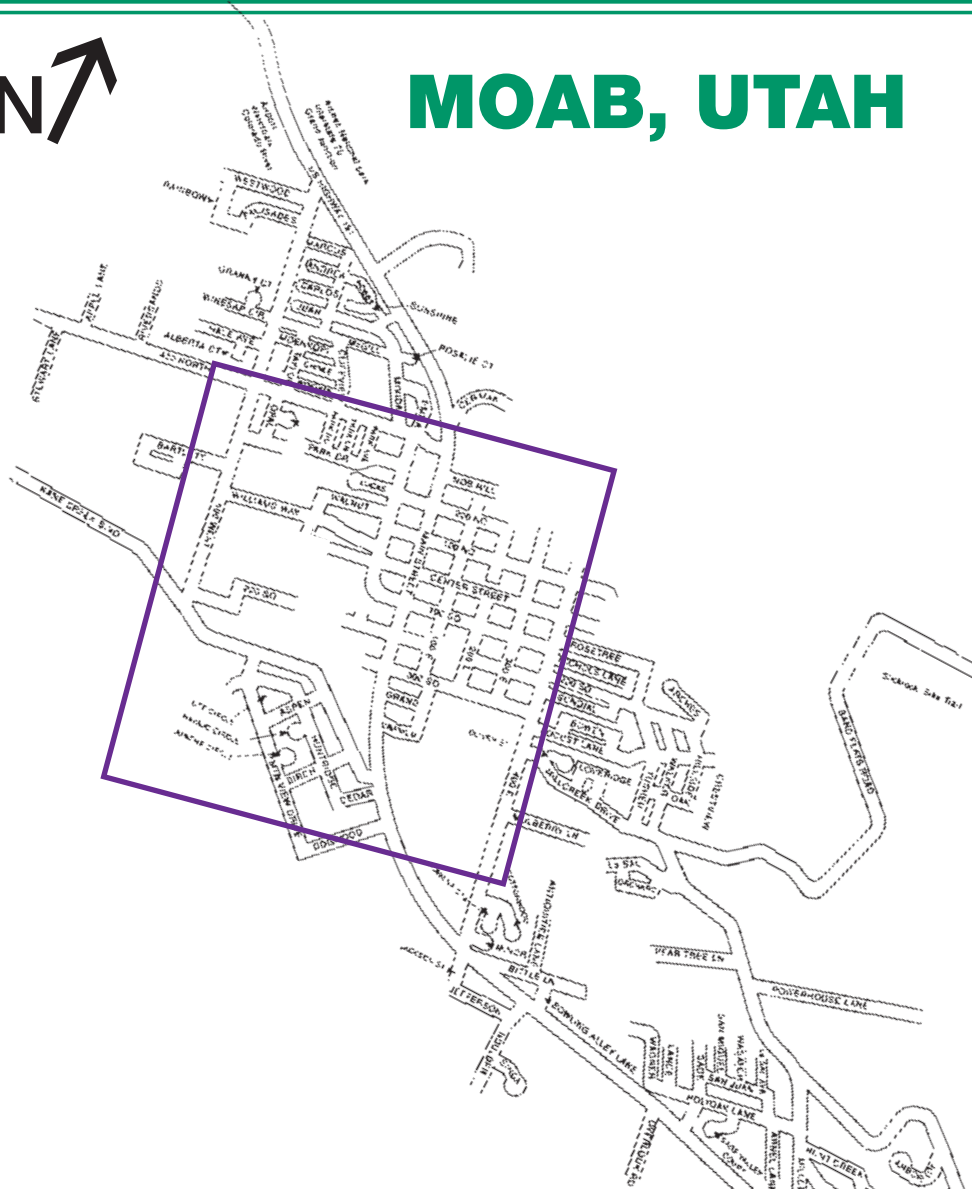
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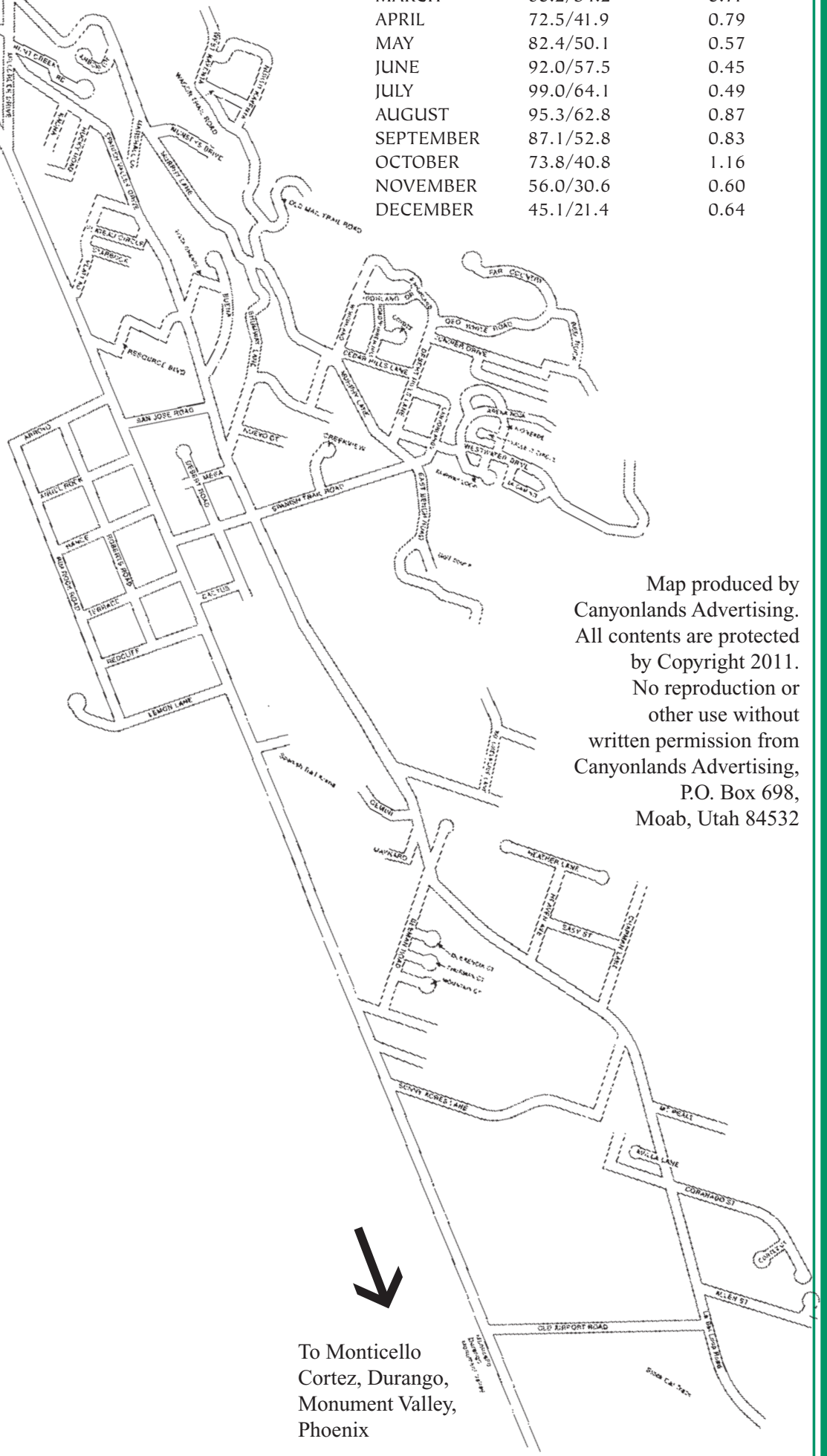


MOAB, UTAH AVERAGE TEMPERATURE & RAINFALL

MONTH	HIGH/LOW	RAINFALL
JANUARY	49.6/18.0	0.53
FEBRUARY	50.4/25.5	0.62
MARCH	60.2/34.2	0.71
APRIL	72.5/41.9	0.79
MAY	82.4/50.1	0.57
JUNE	92.0/57.5	0.45
JULY	99.0/64.1	0.49
AUGUST	95.3/62.8	0.87
SEPTEMBER	87.1/52.8	0.83
OCTOBER	73.8/40.8	1.16
NOVEMBER	56.0/30.6	0.60
DECEMBER	45.1/21.4	0.64

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Moab Church Services Directory

- Assembly of God • 1202 South Boulder Avenue 259-7747
- Church of Jesus Christ of Latter-Day Saints
 First & Second Wards • 475 West 400 North 259-5566
 Third, Fourth & Fifth Wards • 701 Locust Lane 259-5567
- Community Church • 544 MiVida Drive 259-7319
- Episcopal Church of St. Francis
 250 South Kane Creek Blvd 259-5831
- First Baptist Church SBC • 420 MiVida Drive 259-7310
- Four Corners Faith & Worship Ministries 259-0041
- Friends in Christ Free Lutheran Church
 1240 South Highway 191 259-4378
- Grace Lutheran Church
 360 West 400 North 259-5017
- Kingdom Hall of Jehovah's Witnesses
 25 West Dogwood 259-7363
- Moab Baptist Church • 356 West Kane Creek Blvd. 259-8481
- Quaker Worship Group • 81 North 300 East 259-8178
- River of Life Christian Fellowship
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To Monticello
 Cortez, Durango,
 Monument Valley,
 Phoenix

NATURE HAPPENINGS

Septemb-Ah

by Damian Fagan

Quaking aspens (*Populus tremuloides*) get both their common and scientific names from the quaking or trembling motion of the heart-shaped leaf blades. The blade, attached perpendicularly to the flat leaves, is borne on long flattened stems which enable the leaves to quiver in even the slightest breeze. Also referred to as “quakies,” this trembling nature of the deciduous leaves reduces the potential for wind damage.



Aspen are one of the most widely distributed trees in North America. Growing from Alaska to Newfoundland, aspens are a signature tree of the western mountains. Here in Canyon Country, aspens grow mostly in the mountains at mid to high elevations, although lower elevation sites exist in cool pockets in the canyons or in protected north-facing alcoves. These lower locations are probably remnant populations, leftovers from the Ice Age when a cooler and wetter climate enveloped this landscape.

Members of the Willow family, aspen are related to cottonwoods, poplars and willows. Similar to these other species, aspens produce copious amounts of seeds, except the majority of aspen seeds are sterile. This is because the trees regenerate mostly through suckers sprouting from the tree's extensive root system after a major disturbance such as a wildland fire or trunk-shearing avalanche. Arising like proverbial Phoenixes from the ashes, these quick growing sprouts regenerate an area. One historical footnote of aspen regeneration arises in Moscow in 1813 after Napoleon Bonaparte and his army reduced much of the city to ashes. The first trees to reforest the area were aspens.

To keep aspens from suckering randomly, the root

systems have a hormonal resistance to sprouting. However, after a major disturbance, this chemical inhibitor breaks down and the roots send up shoots. Thus a forest of aspen is often a clone of the parent tree. If one were to consider these “forest of clones” to be from a single source, then some extensive aspen forests may represent the largest living organism on the planet.



Single entity or grove of individuals, aspen forests provide habitat for a variety of wildlife species. Deer browse on understory plants, woodpeckers excavate nest cavities in the soft trunks and other birds glean insects from the tree's leaves. Bears rake a tree with their claws while elk rub their velvety antlers against the trunks. Their markings make lasting impression in the soft wood, but these are not the only marks found on aspen trees.

Early settlers, wandering lovers, Basque shepherders and other forest visitors have carved names, dates, inscriptions and devotions into aspen trees. Depending upon one's viewpoint, these glyphs are either destructive graffiti or a treasure chest of historic value. Defined as CMT's – culturally modified trees – these carvings provide a trunk full of history. Although carving one's name into an aspen today is highly discouraged, the short-lived inscriptions may provide some historical significance. Of course, once the trees topple or are consumed by a fire, these inscriptions are lost forever.

So as summer rolls into fall, the La Sals offer an inviting location to explore. Cooler temperatures mark



this transition and the shorter days signal the trees to shut down photosynthesis. As chlorophyll pigments breakdown, they unmask other pigments that produce golden, rusty or occasionally flame red colored leaves. Set against a contrast of green conifers, this spectacular display lights up the mountains translating this month into “Septemb-AH.”

Canyonlands Natural History Association's

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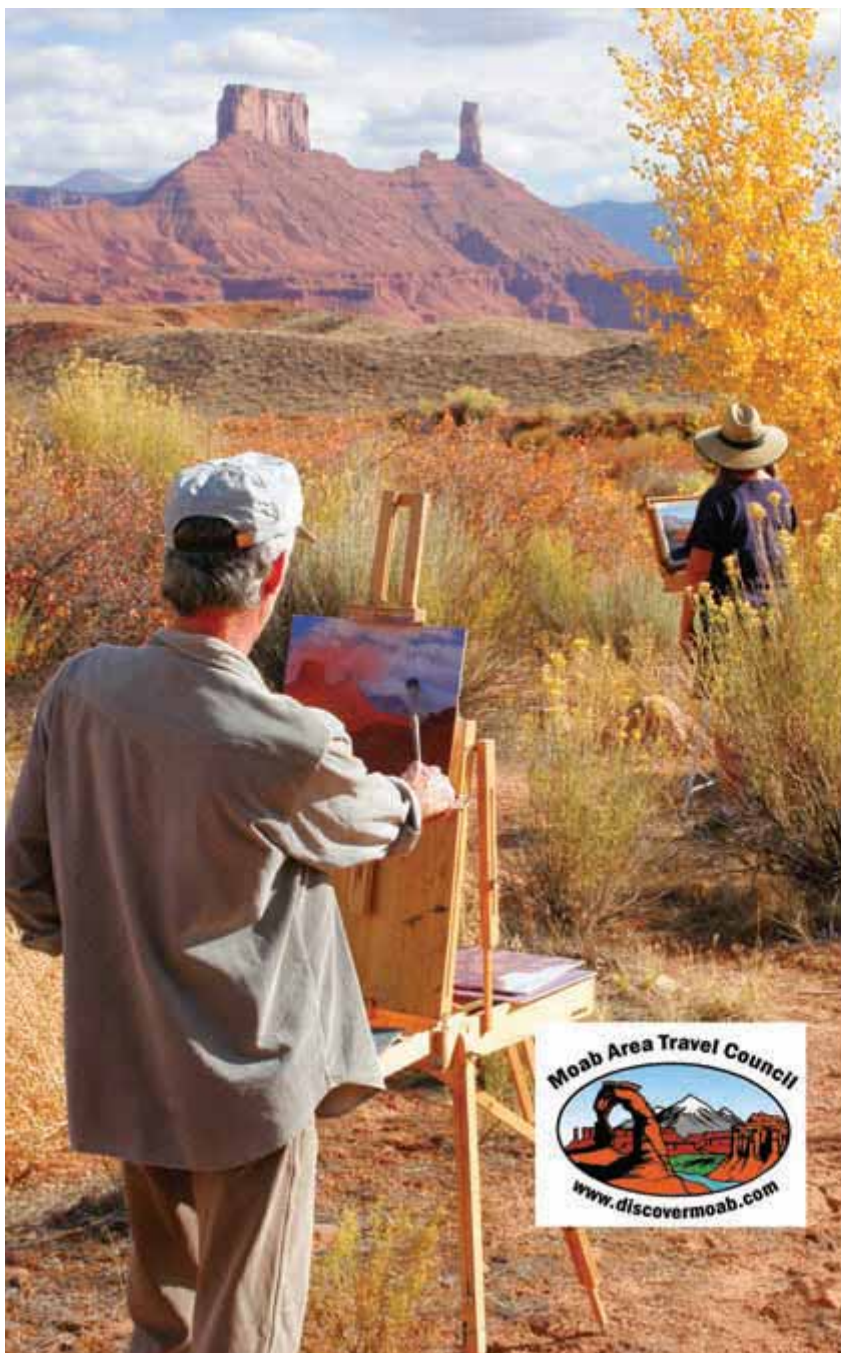
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HISTORIC HAPPENINGS

You Know You're From Moab When... You Join A Facebook Group by Vicki Barker

The standard for determining if you're a "local" had at one time been 11 years' residency. That's if you weren't born here. Eleven years and local yokels might shrug and say, "Local enough." It may be that 11 years is long enough to realize there's a Moab Vortex that sucks you in and won't let you go, not that you'd want to.

Now there's a new way to help define and determine your "Moab" status: The first ever social networking site on the internet that asks what you think makes you "from Moab."

Respondents have cited a lot of pioneer ancestry, personal knowledge of quirky happenings, and memories of hometown businesses that gave way to fast-food chains, motels and recreation-oriented outfitters over the past two generations. But there are also stories shared that range from trails and haunts that only the locals know about, to postings about close encounters with movie stars like John Wayne, Robert Duvall and Karl Malden; and up-to-date fashion statements such as Laura Guenther Reed's that establish you're from Moab if your idea of dress "shoes" is a pair of black Tevas.

"You Know You Are From Moab When..." is a group site formed this summer by Candyce Barton of Texas to connect with friends and relatives in Moab. She had joined a similar group site that focuses on Cedar City, "and since I grew up in Moab from birth until I was about 12, I thought it would be fun to start one for Moab," she stated in a 'net message.

"The group is just a fun way for people to share memories," she continued. "I don't have any criteria for accepting new members. I figure that if they ask to join, they probably have a reason to."

Barton, 30, daughter of Gary Shumway and Vicki White, moved to Cedar City in 1992 and now lives in Dallas with her husband, Sam.

The "From Moab" crowd, joining up as a Facebook group, geysered from 603 members within 24 hours of Barton creating the site Aug. 1 to more than 1,300 members and 4,000 postings by press-time in late August -- not to mention numerous photographic images from the past. A small percentage of members actually live in Moab.

"I hope the site continues on into the future with more memories, pictures, and even reunions of people that grew up together and perhaps haven't seen each other in a long while," Barton said.

Real crowd-pleasers among photos from the past so far include scans of postcards of "old Moab" downtown (circa 1960s-70s), posted by Tom Taylor; one of the western fort that served as entrance to the old White's Ranch, provided by Cricket White Green; and pictures of celebrities, such as one shared by Carrie Bailey of her mother, former teacher Helen Madsen, with Robert Kennedy (presidential candidate assassinated in 1968), Moab Mayor Norman Boyd Sr., and Utah Sen. Ted Moss. The occasion was a 1967 visit to the newly-established Canyonlands National Park.

Kennedys frequented Moab for family rafting on a favorite whitewater stretch, Westwater Canyon, according to another posting.

When comments on the social chat site numbered 1,237 on Aug. 2, Green and Lisa Knight Ceniceros conceived a "million-dollar idea" to turn the material into a book. One suggested approaching the chore by splitting up the postings into increments of 100. It would make a history book like no other.



Joe Kingsley with CBS' Charles Kuralt at the old Moab Landfill in 1986. Photo courtesy of Joe Kingsley.

While some Moab memories of incoming members echo observations already posted by the earliest members, each day also draws fresh comments on rehashed subjects; different accounts of historical or local events, figures and landmarks; details about comings, goings and those families remaining, in addition to family genealogy; and quite a few obscure and/or popular stories of old-timers and structures gone but not forgotten.

Parents proclaim achievements of their Moab-born children; grown-ups remember their favorite teachers and classroom antics; natives remember the doctors who delivered them, and where; and everyone remembers Milt's.

The following postings hint at the variety of comments inspired by "You Know You Are From Moab When...":

"A John Wayne movie comes on and you get homesick." - Bobbi Sue Manson

"You know what Moab used to look like." - AmAsie Willison

"You're a fan of Zane Taylor's NFL Page on Facebook." - Michael Ballantyne

"You've...waited to turn left and watched a line of 50 Jeeps go by." - Merina Toninelli

"You know why Charles Kuralt is doing one of CBS' 'On The Road' at the Moab City Dump!?" - Joe Kingsley

"They would bring your order on roller-skates and hook the tray on your window at A & W." - Amber Lyn

"You cheered for Lenny Walterschied when he played for the Bears and the Bills!" - Ronnie Pierce

"You waitress (and) you never know who you're going to wait on. Ally Sheedy was a

big surprise. I didn't know she was in town. I was taking Jon Bon Jovi's and his table orders in the Golden Steak, and when I ask, "are you ready, m'am"...I was shocked when she looked up at me and gave me her order. She had just been in Short Circuit." - Cricket White Green

"My grandma says .. Not knowing about Moab is like not knowing about New York City!!" - Chelsie Walker

"You remember the orchard on 5th West that had the best apples in town and Mr. Clark used to let us pick apples for .50 a bushell." - David Quinn

"You remember all the dances at the Arches Ballroom and the great music of Ag and Krug...But then, most of you are too young..." - Janice Kirk Gustafson

"You had Spittin' Jim, Mean Gene, Goofy and Grannie for teachers." - Dorene Stalcup Dirzuweit

"You remember the plane or helicopter that dropped ping pong balls from the sky and you won stuff all over town." - Cheri Auger Van Gilder

"You ride your bike around the Ramada parking lot, hoping to see a movie star, and Patrick Wayne shows up and asks to ride your bike." - Marianne Bowthorpe Pipkin

"You have a street named after your family." - Erica Hance

"Remembering all this makes you crave an original Milt's Chili Cheeseburger. I worked 2 years for him and never got the recipe. Very secret." - Cheryl Sims Tangreen

"Every piece of white clothing you own is now off-pink!" - Andre Deswood

"Every Western or desert scene on TV you watch...you say...hey, that's Moab!!!" - Lori Lathrom-Davis

"You learned to swim in places like Left Hand, Tea Cup and (no disrespect) Nigger Bill, and every year played at Court House Wash. The only real lakes were up on the mountain." - Ali Merz



A young Sonny Ottinger of Moab shares shade with Navajo extras on the film set of *The Comancheros* in 1964. Photo by Lin Ottinger.

"There was a film with Henry Fonda, who played Wyatt Earp, called, 'My Darling Clementine,' filmed in Moab, about the shoot-out at the O.K. Corral, filmed in 1946, and my dad had a 2-second part as an extra in that movie...It was shot in black 'n' white, directed by John Ford; had Victor Mature, Walter Brennan and Ward Bond in it." - Ken Hayes

"Your phone line was a 4-party line...You had to be careful..." - Pat Hawks

"We used to look for unbroken half-gallon soda pop bottles in the hills around the dump. Engstroms would pay a dime for each one. A couple dimes would buy a whole pocketful of pixie sticks, sugar water in little wax containers, Juicy Fruit gum, and (don't tell my mom) candy cigarettes." - Robert Raymond

"I got my bike for \$3 from the Trading Post on the radio." Laurie Stocks Hassen

"Noon and six o'clock whistle blowing." - Wendy Walker

"I'm bettin' there are not half a dozen people know where 'Giant Steps' or 'The Pigeon Roost' are." - Tracy Balsley

"You actually remember when they planted all those trees on Main Street and they were barely as tall as you." - Leona Rite

"If you ever tried to get at least 10 kids in at the GrandVU Drive-In." - Alene Inman

"You remember the Silver Dollar Saloon." - Travis Johnson

"You waited on the Good Ol' Boys for their coffee break: Jack West, Don Knowles, Sam Taylor, Ray Tibbetts, Jimmy Walker and many more. Love them guys." - Helen Knight

"You are related to most of the town because your dad is a Holyoak, mother was a Beeson. We are related to Stocks, Beesons, Murphys -- and then I married a Martin. So we are related to most of the old-timers, if not all." - Daleine Holyoak Martin

While this writer summed up her "Moabitis" addiction to the new group site as "a terminal case of Red Rocks In Your Blood"... Jerry Croasmun said it best. You know you are from Moab when... "It is the hometown good people that make Moab special. Those that have stuck together through the boom, gloom, and still..."

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DEAD HORSE POINT HAPPENINGS

Chat With a Ranger at the Farmer's Market!

Utah State Parks and the National Park Service are working together! Each Saturday morning, a ranger from Canyonlands Island in the Sky District and a ranger from Dead Horse Point State Park meet at the Moab Farmer's Market and jointly run a booth from 8 a.m. to 12 p.m. They are there to answer questions, present a different topic for discussion each week and promote the parks.

These topics include: Land (native and invasive plants, land use), Air (air quality), Water (water quality, native and non-native fish species), People (Native Americans, plant uses, and rock art), Plants and Animals. Each topic includes a short activity and introduction to the Moab area and its surrounding parks, and best of all, participation is FREE! Parents and children are welcome to visit this booth anytime during the Farmer's Market for free handouts, maps and park brochures. Questions and comments are welcome, and rangers will have information about

upcoming programs and park events.

The themes addressed at the Farmer's Market fall under the topic "Science for Parks; Parks for Science." The focus will be on "Hot Science Topics" that are tied into themes related to Land, Air, Water, etc. Two of the major "Hot Topics" include Climate Change and Ecosystem Degradation. Rangers will highlight how the parks are used to generate scientific knowledge and how that knowledge can be used to solve problems like over-use and damage to fragile desert ecosystems.

The reason for this partnership was to get national park and state park rangers working together and getting to know each other, since they work so closely together. Another reason is to make the rangers, and their parks, more accessible to the community of Moab. They want to be able to interact with locals from Moab and any visitors that may be planning to visit the parks.



Dead Horse Point State Park is located nine miles north of Moab on US 191, and 23 miles south on SR 313. The visitor center is open daily from 8 a.m. to 6 p.m. from March 15 to mid-October and 9 a.m. to 5 p.m. through the winter. Park admission is \$10. Contact the park at 435-259-2614. Contact: Megan Blackwelder Park Manager 435-259-2614

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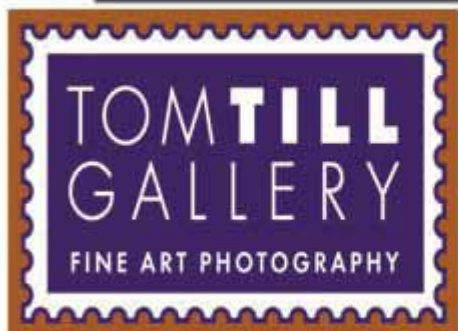
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ASTROLOGY HAPPENINGS

Your Monthly Horoscope - Sept 2011

By Rob Wells

Aug. 24 - Sept. 22



Virgo: Happy Birthday Virgo. You start this month with a bang as four planets move through your 1st house of Self, lighting you up. The 3rd and 15th could be great days for business if it's coming from a long distance away. You could attract love while out with friends on the 2nd, 17th, and 23rd. After the 24th, you focus on your money and security. Avoid a major confrontation with someone, like a lover or a child, on the 28th.

Sept. 23 - Oct. 23



Libra: This is your time to rejuvenate and you need more rest this month. You could fair very well in behind the scenes business moves on the 3rd and 15th. The less said to anyone the better. You catch someone's eye at the office and it hits a couple of high points on the 11th and 17th but could fade from view by the 19th. After the 24th, you take center stage and assert your independence this year. Don't get into a scuffle with your mortgage company on the 28th if possible.

Oct. 24 - Nov. 22



Scorpio: Now is the time to dream your future, especially on the 3rd and 15th when aspects are super strong and positive. A stranger from outside your circle could catch your interest on the 11th and 17th. After the 24th, some time is required to recharge your body and mind. Let people know you're tired and need rest. Take extra time doing things. Avoid anyone with a chip on his or her shoulder on the 28th.

Nov. 23 - Dec. 21



Sagittarius: You light up the office and your career this month. You'll be busy in the workplace whether it's at home or away. Good things happen on the 3rd and the 15th with regard to money, so heads up. Passions flare on the 11th and the 15th, but fade by the 19th. After the 24th, you start to see a new future in the coming year. Set your sights high. Be wary of friends who try to spend your money of the 28th.

Dec. 22 - Jan. 20



Capricorn: Your mind seeks higher levels this month through books, classes or church avenues. A very creative project could find you on the 3rd and the 15th. Your partner has special plans for you on the 11th and 19th, so be ready for some

fun. After the 24th you center your attention on your career and issues there. Try to avoid being overbearing and bossy on the 28th, it could cost you friendships.

Jan. 21 - Feb. 18



Aquarius: Balance the checkbook and check the insurance policies this month. You could find a nice pile of money you have overlooked on the 3rd or the 15th, which will just be dandy. A romance in the workplace could blossom on the 11th or the 17th but fades on the 19th. Sorry.

After the 24th, seek high and new learn outlets for yourself and your head. Don't listen to rumors or lies on the 28th.

Feb. 19 - Mar. 20



Pisces: Your spouse or your partner draw attention this month and this is where you need to focus. An offer on your abode could find you on the 3rd or the 15th, if you're selling. You are creatively inspired on the 11th or the 17th but it is fleeting by the 19th, so be fast on your feet. After the 24th, joint holdings will require seeing to. Someone in the workplace could make life uncomfortable on the 28th, be ready.

Mar. 21 - Apr. 20



Aries: Pay attention to your health this month. Start a diet, if you need to. Good money vibrations abound on the 3rd and the 15th. Entertain romantically at home on the 11th and 17th, but not on the 19th as there will be some possession issues in play. After the 24th, partnerships and committed relationships need your care and attention. Be daring and creative with them. Career demands could be oppressive on the 28th and it'll be a balancing act on that day.

Apr. 21 - May 21



Taurus: Your children or your hobby will bring you joy this month, so jump in deep. You have a chance to generate some money on the 3rd and 15th with something creative. Phone calls, emails, or letters of love brighten your days on the 11th and 17th. After the 24th, you center yourself for changes in the workplace. Perhaps rearranging the office furniture or warehouse. Philosophical differences could get ugly on the 28th, so be ready.

May 22 - June 21



Gemini: Home is where the heart is for you this month. Time to brighten up the place, maybe. You could find hidden treasure of some sort on the 3rd or the 15th. How great is that? This treasure hunt could result in romance on the 11th and the 17th. Don't lose it on the 19th, though. After the 24th, your creative nature takes hold and you are off on adventures in that direction. Don't let anyone sell you something you don't need on the 28th.

June 22 - July 22




Cancer: Back to school, errands, and communications of all kinds keep you busy the month. Pay attention to details, always. Friends may have suggestions that pay big dividends on the 3rd and the 15th. Pay attention. You could take the initiative romantically on the 11th or the 17th. Don't be disappointed by it on the 19th. After the 24th, you get the homebody bug. It's great for getting together with friends. Your partner or spouse could be looking for a battle on the 28th, so be warned.

July 23 - Aug. 24



Leo: Tending to money matters, matters this month. Start a savings account or a budget if you need to. The 3rd and the 15th are truly the best days for this. You could be, or have, a secret admirer that steps from the shadows on the 11th or the 17th. Don't let it slip away on the 19th. After the 24th, gas up the car, make some lists and get going around town. You have business to take care of and it's been building up. Someone's ego turns grumpy on the 28th.



Rob has been an Astrologer for over 30 years. A student of Carol Green and the Ray of Light School in Salt Lake City, Rob is a member of the American Federation of Astrologers. "Astrology is a tool for living. It can be used in every aspect of life."

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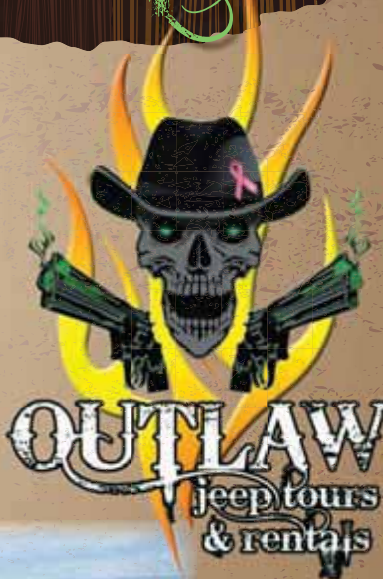
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PET HAPPENINGS

Nipping Puppy Biting in the Bud

by Kaye Davis of the Moab BARKery

It is often a challenge to convince a new rambunctious puppy to not bite the hand that feeds them, pets them and plays with them. Nipping and mouthing is a very common and normal behavior, when puppies play with each other, they use their mouths, so they tend to do the same thing when they interact with people. This is rarely an aggressive behavior intended to harm, but it can be a difficult habit to break without some good practical tools in your bag.

Most puppy play consists of chasing, pouncing, barking, growling, snapping and biting. So how can you tell the difference between normal play and true aggression? In normal play, a puppy will "play bow" where they will lower their head and raise their hind end. They also present their front end to you, hold the front part of their body up, wag their tail, dart back and forth, they emit high-pitched barks and growls, and spontaneously play-attack.

Behaviors that may indicate early aggression include prolonged deep-tone growling, a fixed gaze, stiff posturing and aggression that is not spontaneous, that is aggression that is not situational or stimulus-dependent. These aggressive behaviors may be related to fear, possessiveness, conflict or pain. Of course, even normal puppy play can become too intense, and when this happens, you must intervene appropriately.

Distraction is the best prevention, nipping or biting often occurs in puppies when they are being petted or played with. A quick and easy method for redirecting your puppy's attention is offering a more acceptable object to gnaw on, such as a chew toy, at the same time as you start to pet them. One hand offers the toy while the other hand reaches out to pet them.

One great toy to use is a treat release toy such as a Kong, filled with training treats like Zukes Mini Naturals or Cloud Star Tricky Trainers; good training, good nutrition and fun! This helps your puppy to learn that people and petting is a positive experience and also keeps their mouth busy. Try alternating the hand that does the petting and which one offers the chew toy. Remember, the longer they are petted, the more likely they are to get excited and start to nip, so you may need to shorten play sessions, at least initially.

When your pup does nip or bite you, a good strategy is to imitate what another puppy would do if they were bitten. Make a high-pitched "yip" noise – or loudly say ouch and immediately walk away. Ignoring your puppy for a few minutes teaches them that biting you makes you go away, which is an immediate negative reinforcement



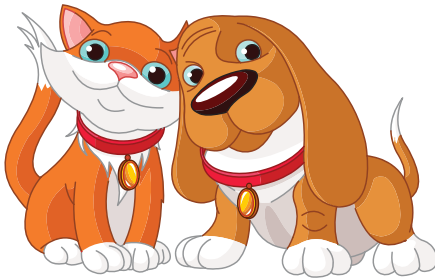
for the behavior. Then you can return a little later and try playing again. It is generally not a good idea to sit on the floor with your puppy for prolonged periods of play time. This has a tendency to overexcite puppies and places you in a vulnerable position, making it more difficult to control the puppy.

Here are a few other tips for encouraging appropriate play:

- **Provide plenty of exercise** – your puppy is a bundle of energy, so give them plenty of chances to discharge this energy. Walks are a fantastic way to do this, short but frequent walks help your pup vent pent up energy and gives them an appropriate outlet for all that motion.
- **Play** – playing fetch or kicking a ball around the yard lets them burn off some energy, whilst strengthening your bond.
- **Obedience training** – teach and review basic obedience commands early on as well trained dogs are more likely to follow orders when misbehaving.
- **Time Out** – if your puppy won't stop biting, put them in a room or their kennel with toys to keep them busy until they calm down.
- **Be consistent** – it is very important that all behaviors are managed consistently by all members of the family.
- **Promote socialization** – exposure to a variety of people and other animals as your puppy grows and develops, especially during the first four months, will help prevent asocial behaviors, fears and biting.

The worst thing you can do is physically punish you puppy for this natural behavior, although many people incorrectly do so. This includes scruff shakes, alpha rollovers, forcing the puppy to the floor or pinning them down, thumping or swatting their nose, hitting or kicking, e-collars or muzzling. When physical punishment is used, several things may happen, depending on your puppy's temperament and the severity of the punishment. A puppy that is hit or slapped in the face for biting can react by becoming "hand shy" and cringe or cower whenever a hand comes toward their face, respond in a defensive manner and attempt to bite to defend themselves or interpret as an invitation to play, causing them to become more excited and even more likely to bite.

As I mentioned earlier, it is quite normal for puppies to bite, mouth and nip. It rarely becomes a serious problem but it is critical to correct these behaviors before the dog becomes an adult, once the dog is older, their bites can inflict serious injury. The natural tendencies of a biting puppy will not be eliminated overnight but taking the right steps to stop a biting puppy now can help prevent a lot of damage in the future.



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 Gunfights, Cowboy Supper,
 Live Western Music Show
 and tip

JOIN THE FUN!

Grounds & Ticket Booth
 open at 6:30 pm
 Gunfight Show at 7:00 pm
 Supper served at
 7:30 pm Sharp!
 Music Show follows Supper

CALL AHEAD FOR SCHEDULE
 OF EVENINGS OPEN OR
 VISIT WEBSITE BELOW

EXPERIENCE THE WILD WEST!

Hearty Cowboy Supper, rootin'-tootin' Gunfight Show
 and the Music & Comedy of the "Bar M Wranglers".
 Western Village, Gift Shop, Saloon & Boot Hill Cemetery!

Call ahead for reservations:
 435-259-Bar-M (2276) or 1-800-214-2085
 7000 North Highway 191, Moab, UT 84532

OPEN (days shown)
 SEPTEMBER 2011

S	M	T	W	T	F	S
				•	2	3
4	•	•	•	8	9	10
•	•	•	•	15	16	17
18	19	20	21	22	23	24
•	•	•	•	29	30	

CHUCKWAGON MENU

Sliced Roast Beef or
 Barbecue Chicken
 Baked Potato
 Bar-M Baked Pinto Beans
 Buttermilk Biscuits
 Cinnamon Applesauce
 Spice Cake
 Sour Cream, Butter & Honey
 Barbecue Sauce
 Cowboy Coffee, Lemonade, Ice Tea
*Vegetarian Option Available.
 Please Call Ahead.*

5 miles North of Arches National Park Entrance ~ www.barmchuckwagon.com

- LABELS/TAPE
- SHIPPING PEANUTS
- BOXES OF ALL SIZES
- BUBBLE WRAP

PROFESSIONAL PACKING SERVICES

(435) 259-8431 • 375 South Main
 Monday – Friday 8am – 6pm • Saturday 9am–5pm

Have something fragile? Let us pack it for you!

AUTHORIZED SHIPPING OUTLET

RAFT TRIPS • 4WD TOURS • RIVER CRUISES

Raft Trips on the Colorado River

- **Westwater Canyon (Class III to IV)**
Full Day w/ Lunch. Call for info (Oar & Paddle)
- **Full Day, Half Day, and Mid Day**
Colorado River Raft Trips. Class II Family Fun
- **One Day Cataract Canyon Trips (Class V)**
Call for current information (In high water its awesome)
- **Meander Canyon Wilderness Tour**
(Tour #2), Calm Water Boat Tour to the edge of a Canyon Wilderness. The River on the Mellow Side.

4WD Land Tours Canyonlands & Arches National Parks

- **Island in the Sky** (Half Day Trips at 8AM & 1PM)
- **Canyon Exploration in the Needles**
(Full Day with lunch departing NAVTEC at 8AM)
- **Elephant Hill & Chesler in the Needles**
(Full Day including Lunch departing NAVTEC at 8AM)
- **Combination Island in the Sky 4WD & Colorado River Boat Tour** (Full Day including Lunch departing NAVTEC at 8AM)

Three Generations in Canyonlands

For Reservations Call 1-800-833-1278 or 259-7983 in Moab
 321 North Main Street, Moab, UT 84532 • <http://www.navtec.com>
 Open 7:30 AM until 7:30 PM • Free Campground & Motel Pick-Ups

Commemorative Medallion featuring Doc J.W. Williams Celebrating the 100th Anniversary of the National Park Service (From 1872 to 1972)